

# Annual Report 2019

Prepared for the 2020 AGM  
May 26, 2020



THE  
**DOOR**  
LA **PARTE**

YOUTH CENTRE JEUNESSE

Where youth realize  
their full potential.

[thedooryouthcentre.com](http://thedooryouthcentre.com)



# Who We Are

## Our Mission and Values

The Door is a safe and inclusive environment for young people to build self-confidence and pursue avenues of self-discovery and expression.

A place where youth realize their full potential.

Our door is open to all youth and our programs are always free of charge.

The Door is the only youth centre in the Somerset West area, fulfilling a need that would otherwise go unmet in the community.

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## Our History

Art Stinson, the former head of the School of Social Work at Carleton University felt that there was a need to offer a place for youth to make new friends and access services. It was this vision that led to opening of The Door in 1994.

For nearly 26 years, The Door has been a place for youth in downtown Ottawa to access educational and employment support, health promotion, and recreational programs.



## Reflecting on 2019

### **A Message from the Chair of the Board and Executive Director**

At The Door, our staff, volunteers, and youth are our greatest assets. We are grateful to our incredible staff that continues to find new and exciting ways of supporting and engaging with youth. In 2019, we increased salaries and benefits by 20 percent and we restructured to give staff greater decision-making capacity and more opportunities to take on challenges. The Door also hired two summer students from the Canada Summer Jobs program and now participates in the Volunteer Ottawa Diversity in Leadership Program.

In addition to our staff, we were also fortunate to have had amazing volunteers donate their time to The Door. Board Member Ashley McMullan assumed leadership of the Fundraising Committee at the beginning of 2019. Ashley, along with her new team of volunteers, hosted 12 successful events during the year. We also welcomed RBC Dominion Securities as a new community partner who provided significant volunteer hours and a generous donation.

Last year, the City of Ottawa notified us that it would be divesting The Door's home for past 25 years, 755 Somerset Street. Now in 2020, we are excited to begin working with our new landlords, Somerset West Community Health Centre. We are grateful for the efforts of our City Councillor, Catherine McKenney, who helped us during this transition period. The Board also continued its review of our Governance and HR Policies, increased our Liability Insurance, and continued to monitor and adjust our Emergency and Contingency Funds and our Investments.

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## Reflecting on 2019

### **A Message from the Chair of the Board and Executive Director (Continued)**

We also welcomed 103 new youth members to The Door. We offered a variety of workshops and activities in 2019. Our youth helped out in the annual Cleaning up the Capital event and enjoyed taking field trips to Saunders' Farm and Lansdowne Cineplex, thanks to a donation from an anonymous donor. We also offered a co-op placement at The Door, which proved to be a success. Moe, a new Canadian from Syria, was not only closer to graduating high school after his co-op as a kitchen assistant, but he also gained valuable skills for a future career in the food industry.

Thank you to everyone that helped make 2019 a successful year. Once we are able to return to "the new normal", the Board will continue to work on our 2020 Board Priorities, including financial sustainability and fundraising, reviewing HR policies and procedures, developing a Board, staff, and volunteer briefing manual, improving communications and data analysis, and strategic planning. We hope that you will continue to support us as we move forward into 2020!

Sincerely,



**Debbie Barton**  
Chair



**Malik Ayass**  
Executive Director



# Who We Serve

At The Door, youth aged 12 to 18:

- Develop healthy behaviours and lifestyles;
- Practice empathy, tolerance, and inclusion; and
- Exercise civic responsibility.

Our youth come from a variety of cultural and socio-economic backgrounds, reflecting the rich diversity of our downtown community.

Some of our youth come to The Door looking for a place to hang out with friends, while others have no other place to go. We are always open and welcoming. No youth are ever turned away.

**236**

youth visited us

**3,926**

times in 2019.

An average of

**21**

youth visited each night  
in 2019.

**103**

new youth became  
members in 2019.





## Our Youth

### "What does The Door mean to you?"

"With all the resources at The Door, I learned to be more social, graduate, get a job, take on responsibilities, and become a role model to other youth. After I graduated, I started working at The Door as a Youth Worker, and had a whole new perspective on the important work we do. I am so happy that I can now be a part of providing others with the same positive experiences at The Door that I had."



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#### Evan

Youth Worker and Former Youth Member



"I've been going to The Door for 4 years now. The Door is a place where youth can thrive, stay out of trouble, and enjoy themselves in a safe environment.

I've made lots of friends and lifelong memories here. I come here almost every day, eat delicious dinners, chat with the staff, get help with homework, and play card games. I honestly can't imagine my life without The Door."

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#### Jasmine

Youth Member



# What We Do

## Our Programs

The Door provides a variety of programs for youth that support the development of healthy behaviours and lifestyles, empathy, tolerance, and inclusion, and civic responsibility.

From Monday to Thursday, our dedicated staff, volunteers, and community partners offer a variety of programs in a safe and inclusive setting.

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### Employment and educational supports

**31**

workshops and sessions  
hosted in 2019.

**Unlimited**

hours of Wifi.

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### Health promotion programs

**3,779**

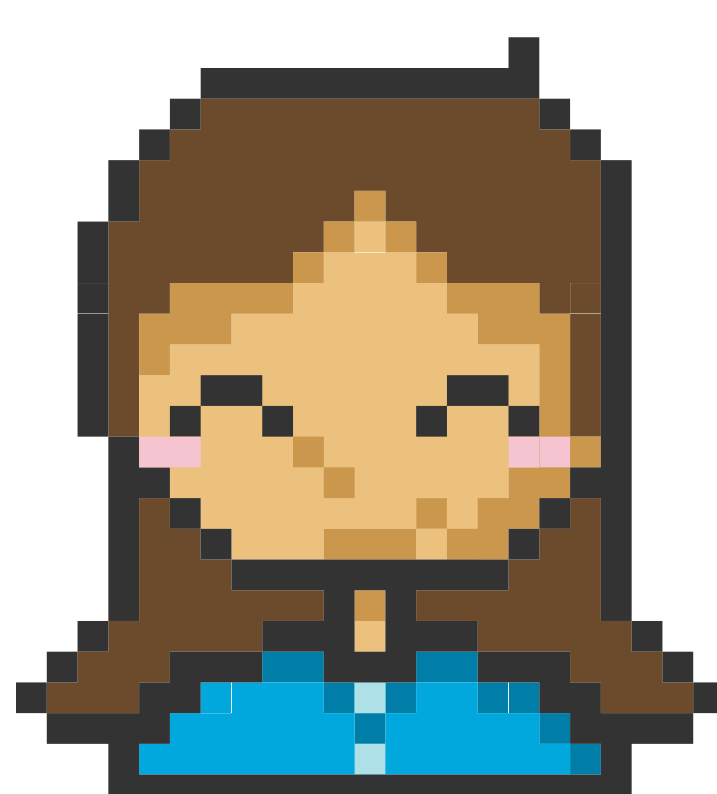
meals served in 2019.

**200**

hours of cooking lessons  
taught in 2019.

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### Recreational programs



**300**

hours of music lessons  
taught in 2019.





# We're Better Together

**Here are just a few of the programs offered with the help of our community partners in 2019.**

## **Sexual Health Outreach Program**

Sexual Health Outreach (SHOUT) Program, a group of medical students at the University of Ottawa, hosted five workshops at The Door on topics such as puberty, healthy relationships, and safe sex.

## **Self-Care and Mental Health with the Indigo Girls**

Indigo Girls, an organization run by young women for young women, held a workshop at The Door on the topic of mental health that brought together female youth in a space specifically for them.

## **Art Nights with the Ottawa School of Art**

With the motto of “teaching art to everyone”, the Ottawa School of Art hosted three Art Nights for the youth at The Door. Our youth loved painting watercolours, creating collages, and making origami with the OSA’s instructors.

**Thank you to all of our community partners who helped us deliver fun, engaging, and educational programs:**

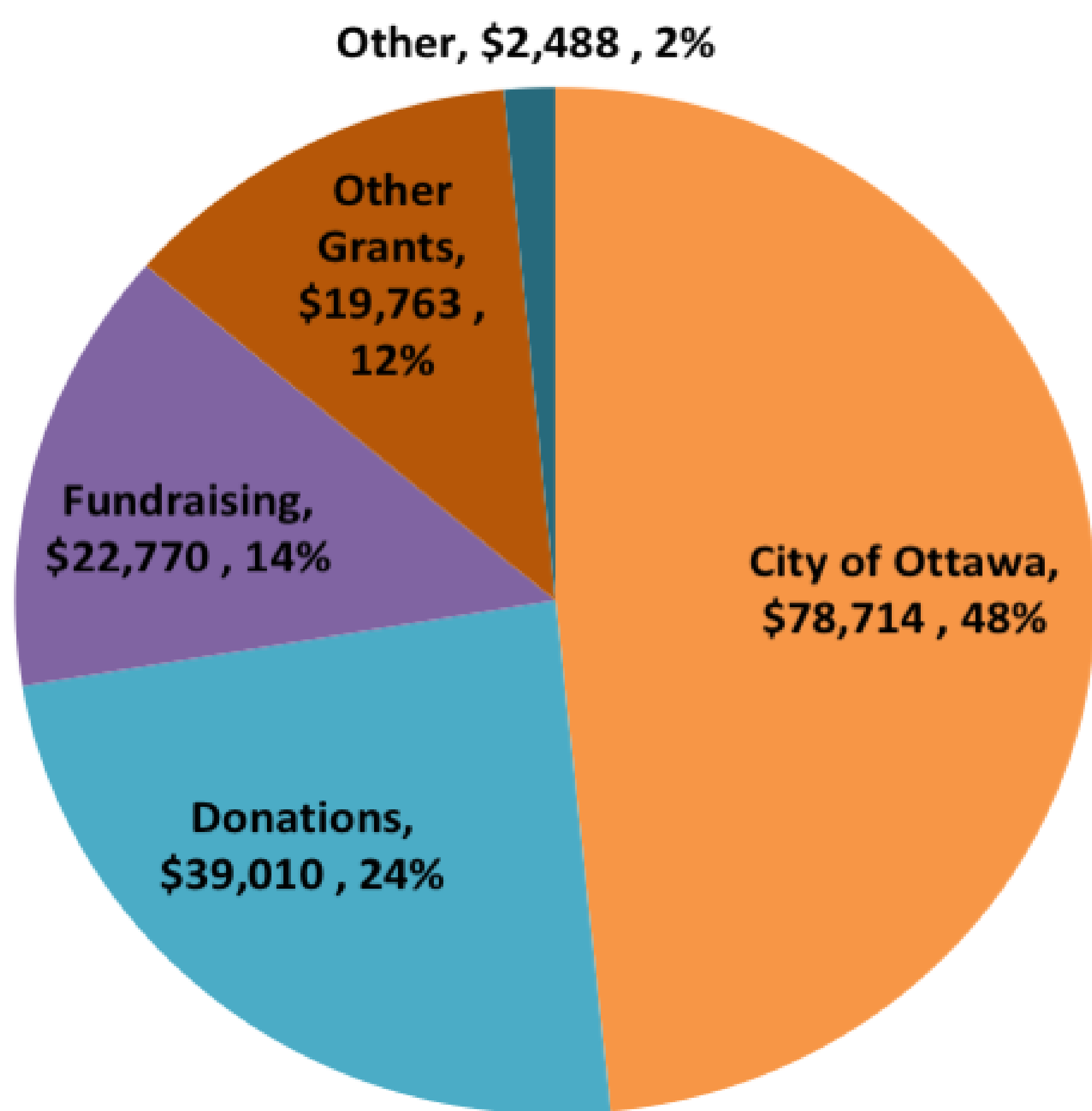
- Daniel Patterson
- Ottawa Public Library
- Sexual Assault Support Centre
- Sabrina Bellefeuille
- YouthNet
- CapCity Cyphers
- Up With People
- Street Smarts





# Financial Snapshot

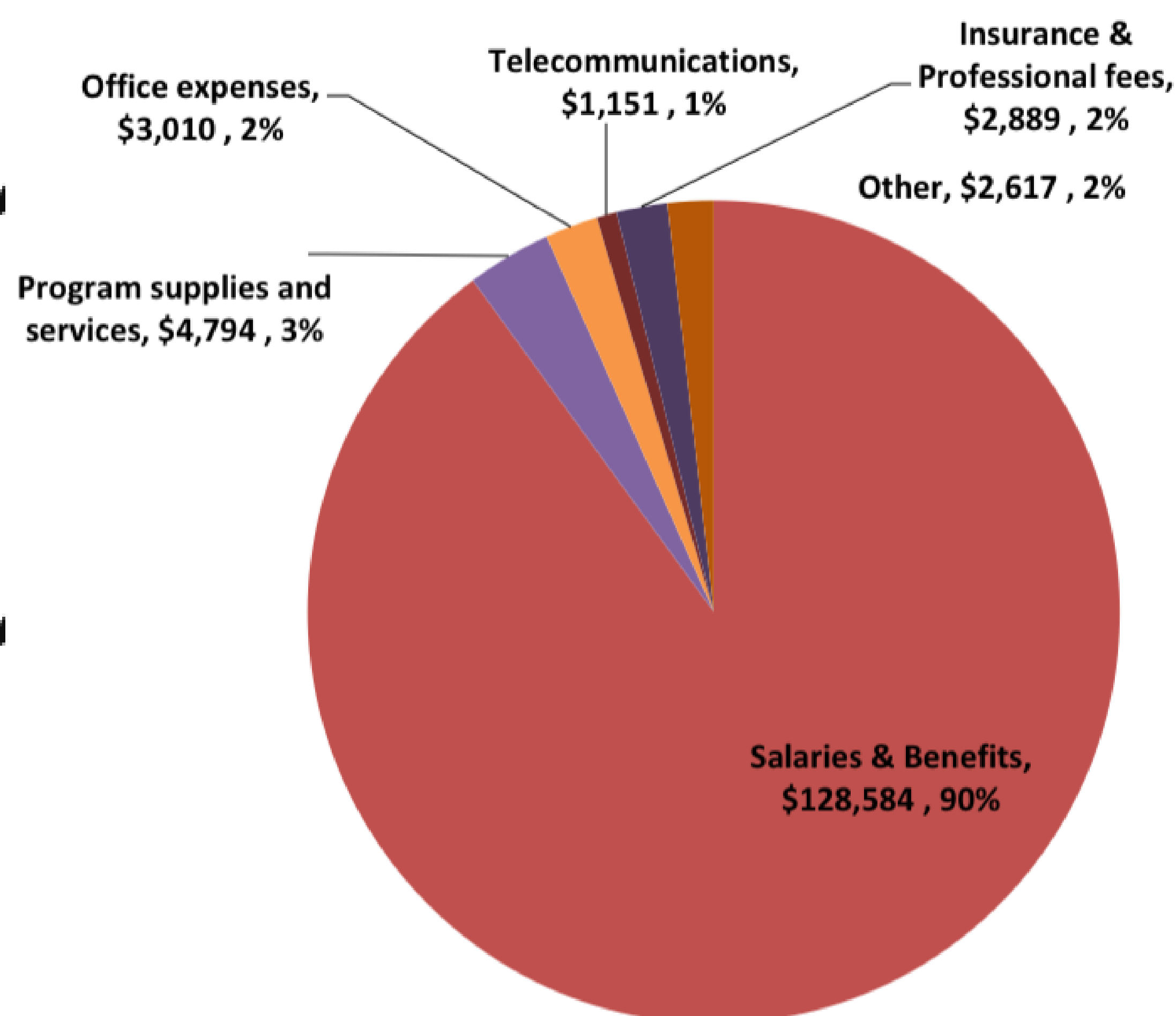
## Revenue 2019



Revenue	2019	2018
City of Ottawa	\$78,714	\$77,170
Donations	\$39,010	\$31,702
Fundraising	\$22,770	\$30,734
Other Grants	\$19,763	\$12,429
Other	\$2,488	\$2,134
<b>Total Revenue</b>	<b>\$162,745</b>	<b>\$154,169</b>

Revenue 2019 = \$ 162,745

## Expenses 2019



Expenses	2019	2018
Salaries & Benefits	\$128,584	106,984
Program supplies and services	\$4,794	4,983
Office expenses	\$3,010	6,340
Telecommunications	\$1,151	1,126
Insurance & Professional fees	\$2,889	4,659
Other	\$2,617	\$3,298
<b>Total expenses</b>	<b>\$143,045</b>	<b>\$127,390</b>

Expenses 2019 = \$ 143,045



# How You Help

## Our Volunteers and Donors

As a non-profit organization, The Door relies on the support of our generous volunteers and donors. On behalf of our Board of Directors, staff, and youth, we would like to thank everyone that helped keep our doors open in 2019.

**Our 125 volunteers donated 4,505 hours of their time.**

**Our donors helped us exceed our 2019 fundraising target.**

## Thank you!

Beau's Beer  
Benevity Community Impact Fund  
BIA Chinatown  
Chinatown Showboat  
Chrome Divas  
Cumin Restaurant  
Harry P Ward Foundation  
Kelly Funeral Home Somerset Street  
Massine YIG  
RBC Dominion Securities  
Realtor Care Foundation  
Sir John A Pub  
Tartan Homes  
The Wesley and Mary Nicol Charitable Foundation

