# THE DOOR NEWS

QUARTERLY NEWS TO KEEP UP WITH

THE DOOR







### GOING VIRTUAL

THE NEW YEAR STARTED WITH THE CENTER GOING VIRTUAL DUE TO COVID-IP RESTRICTIONS AND THE LOCKDOWN. THE CENTER WAS CLOSED FOR AN ADDITIONAL TWO WEEKS AFTER THE HOLIDAY BREAK WE WENT VIRTUAL WITH INSTAGRAM LIVE SESSIONS, COOKING TUTORIALS, AND HOMEWORK HELP ZOOM SESSIONS FOR THE YOUTH.

THEY COULD JOIN THE LIVE SESSIONS AND GENERALLY DISCUSS HOW THEY WERE FEELING AND PLAY ONLINE GAMES AND ACTIVITIES. THE YOUTH AND THEIR FAMILIES WERE ALSO PROVIDED WITH A SPAGHETTI MEAL EVERY THURSDAY MADE BY OUR KITCHEN STAFF, NAJWA.



INSTAGRAM LIVES STARTED AT 4 PM, EACH SESSION WAS AN HOUR LONG AND CONTINUED IF THERE WERE YOUTH IN ATTENDANCE. PREDOMINANTLY, THE INSTAGRAM LIVES RANGED FROM WORD GAMES, FITNESS, COOKING VIDEOS, MEDIATION, AND A GENERAL" LET'S TALK" SESSION, ENABLING YOUTH TO EXPRESS HOW THEY WERE FEELING AND DEALING WITH LOCKDOWN AND ONLINE LEARNING. THE DOOR REOPENED ON THE 24TH OF JANUARY YOUTH WERE EXCITED TO BE BACK IN PERSON. WITH GENERAL ACTIVITIES AND HOMEWORK HELP IN THE CENTER.





### A FRESH NEW START

FEBRUARY STARTED OFF WITH THE
REOPENING OF THE DOOR, NEW STAFF, NEW
SUPPLIES, AND THE INTRODUCTION OF FUN
FRIDAYS. WE BEGAN THE MONTH WITH A
CELEBRATION OF ASIAN/LUNAR NEW YEAR
WITH TRIVIA ACTIVITIES AND
TRADITIONAL MEALS FROM ASIAN
COUNTRIES. WE ALSO WELCOMED TWO NEW
ADDITION TO OUR TEAM: TEMI AND VAL.
THEY ARE BOTH PLACEMENT STUDENTS FROM
ALGONQUIN.

THE DOOR ATTAINED NEW COMPUTERS AND LAPTOPS THROUGH THE CITY'S ECONOMIC DEVELOPMENT FUND. OUR VOLUNTEER, JOE, AND SOME OF OUR YOUTH MEMBERS INSTALLED THE COMPUTERS THEY WERE READY TO USE BY THE END OF THE MONTH. WE RECEIVED TWO NEW TOUCH-SCREEN DESKTOPS IN THE HOMEWORK ROOM, IO NEW LAPTOPS, AND FOUR NEW GAMING COMPUTERS WHICH BECAME POPULAR AS THE YOUTH ADORED THE NEW TECHNOLOGICAL UPDATES. A BIG THANK YOU TO OUR VOLUNTEERS, THE YOUTH MEMBERS, AND THE CITY ECONOMIC DEVELOPMENT FUND FOR MAKING THIS POSSIBLE.

MID-FEBRUARY, WE ANNOUNCED OPENING ON FRIDAYS PACKED WITH FUN ACTIVITIES FOR YOUTH! WE CELEBRATED THE FIRST FUN FRIDAY WITH SPECIAL HOMEMADE BURGERS MADE BY NAJWA. ON THE SECOND FUN FRIDAY, THE DOOR HAD ITS FIRST BIRTHDAY OF FBRATTON FOR YOUTHS, STAFF, OR VOLUNTEERS WHOSE BIRTHDAYS ARE IN FEBRUARY, FOLLOWING THE PARTY, WE HAD A BINGO TOURNAMENT WHERE WINNERS WON PRIZES. WE DECIDED TO HOST MONTHLY BIRTHDAY CELEBRATIONS WHICH BE HELD ON THE LAST FRIDAY OF EVERY MONTH. A BIG THANK YOU TO MASSINE'S INDEPENDENT GROCER FOR SPONSORING THE PROGRAM AND PROVIDING DELICIOUS CAKES. WE ENDED OFF THE LAST FUN FRIDAY OF FEBRUARY WITH A PJ THEME SOCIAL DISTANCING DANCE PARTY.

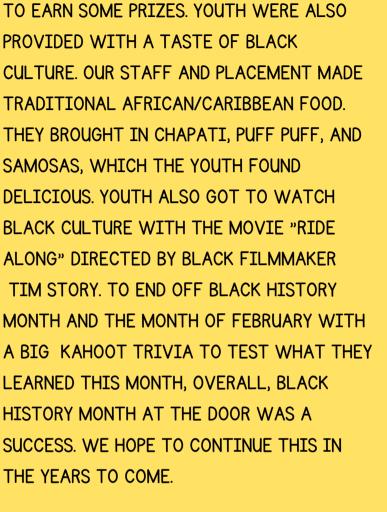




## CELEBRATING BLACK HISTORY MONTH

THE MONTH OF FEBRUARY MARKED BLACK
HISTORY MONTH. FOR THIS MONTH, OUR
GOAL WAS TO INFORM THE YOUTH ABOUT
THE CONTRIBUTIONS OF BLACK CANADIANS
AND PROVIDE THEM WITH INFORMATION
ABOUT BLACK CULTURE. A BIOGRAPHY ON
INFLUENTIAL BLACK CANADIANS WAS
POSTED WEEKLY ON OUR INSTAGRAM AND
IN THE CENTER EVERY WEEK. WE HOSTED A

PRESENTATION ON BLACK 4C HAIR AND THE STIGMA AROUND IT. HOWEVER, WE TOOK A FUN APPROACH TO INFORM THE YOUTH ABOUT BLACK CULTURE. ONE OF OUR STAFF HOSTED A CUSTOM-MADE JEOPARDY GAME WHERE PARTICIPANTS GOT TO TEST WHAT THEY ALREADY KNOW WHILE LEARNING SOME NEW INFORMATION ON BLACK CULTURE. THE WINNERS OF THE GAME GOT







### GROWTH& DEVELOPMENT

THE MONTH OF MARCH SAW A LOT OF NEW DEVELOPMENT WITHIN THE CENTER.
STARTING MONDAY, MARCH 7TH, RILIEGH, OUR ADULT VOLUNTEER, LEAD YOGA AND FITNESS NIGHTS WITH THE YOUTH. A HANDFUL OF YOUTH PARTICIPATED AND ENJOYED THE ACTIVITY THE FIRST NIGHT.

THIS MONTH WE SAW AN INFLUX OF OLDER YOUTH MEMBERS WHO HAD NOT BEEN TO THE CENTER SINCE THE PANDEMIC STARTED. WE ALSO CONTINUE TO GET NEW YOUTHS, A MAJORITY OF NEW YOUTH HEARD ABOUT THE DOOR EITHER THROUGH SOCIAL MEDIA OR FROM A FRIEND.

MANY PREVIOUS YOUTHS UTILIZED "THE BRING A FRIEND CAMPAIGN" AND RECEIVED A \$10 GIFT CARD. THE CENTRE DEVELOPED TWO LARGE PHOTO COLLAGES CREATED BY OUR PLACEMENT STUDENT, VALENTINA, AND OUR ADULT VOLUNTEER, CARLEY WHICH WERE INSTALLED IN THE HALLWAY OF THE CENTER. THE COLLAGES CAPTURE THE DOOR THROUGH ITS ORIGIN, 1994 PRESENT DAY. THE COLLEGE HAS BEEN A KEY ATTRACTION OF THE CENTER SINCE THEN. WE ARE GRATEFUL TO CARLEY AND VALENTINA FOR THEIR HARD WORK IN CREATING THE COLLAGES.



THE MONTH OF MARCH STARTED WITH PANCAKE DAY WITH OUR PLACEMENT STUDENT, TEMI, TO CELEBRATE SHROVE TUESDAY. WITH HELP FROM TEMI, THE YOUTH WERE ABLE TO SHOW OFF THEIR COOKING SKILLS AND MAKE SOME DELICIOUS PANCAKES. BOTH YOUTH AND STAFF ENJOYED THE PANCAKES, WHICH WERE SERVED WITH SYRUP AND CANDY TOPPINGS. THE YOUTH AND STAFF ALSO DECORATED THE CENTER FOR ST PATRICK'S DAY.

TWO WORKSHOPS WERE HELD THIS MONTH.

THE FIRST ONE WAS FROM PROJECT F.L.Y

ABOUT MENTAL HEALTH. THE YOUTH FOUND

THE INFORMATION HELPFUL AND USEFUL. OUR

PLACEMENT STUDENTS, TEMI AND

VALENTINA, CREATED A WORKSHOP FOR

WOMEN'S DAY FOCUSING ON EQUITY AND THE

FUTURE OF THE WORKFORCE. THE

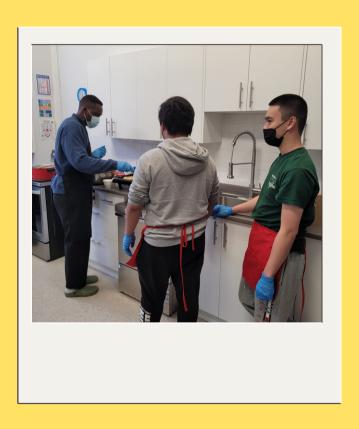
PRESENTATION ENGAGED YOUTH IN

ACTIVITIES THAT TALKED ABOUT THE

HISTORY AND STEREOTYPES FACING WOMEN.

ART WAS VERY POPULAR THIS MONTH. THE "PAINT ME ART" PROJECT INITIATIVE, WHICH WAS SET TO REPLACE THE PAINTINGS USED FOR THE ART AUCTION, A MAJORITY OF THE YOUTH ENGAGED IN PAINTING FLOWERS OR USED THEIR IMAGINATIONS.

NEW YOUTH PAINTED ON THE PAINT ME ART CANVAS AND CONTRIBUTED TO THE VIRTUAL SKETCHING WITH BRENDA. WE WERE HAPPY TO HAVE RECEIVED DONATIONS FROM WALLACK'S ART SUPPLIES & FRAMING VIVIVA COLORS AND ARTINJEST. NOW, WE HAVE MORE SKETCHBOOKS, WATERCOLORS, AND PAINTBRUSHES FOR THE YOUTH TO USE.



THE DOOR IS HAPPY TO WELCOME NEW
ADULT VOLUNTEERS, NABIL, ABDULLAH,
MELISSA, AND MADEEHA. WE ARE ALSO HAPPY
TO WELCOME LILITH, A CO-OP PLACEMENT
STUDENT FROM LISGAR COLLEGIATE
INSTITUTE. HOWEVER, WE SEE THE END OF
TEMI AND VALENTIA AS THEY HAVE
COMPLETED THEIR PLACEMENT HOURS

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# The Door's Wishlist

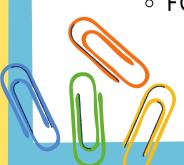
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ALL DONATIONS RECEIVED HELP BENEFIT THE YOUTH IN THE
CENTER. CURRENTLY, THERE IS A NEED FOR THE FOLLOWING ITEMS

## SOCIAL

- HYGIENIC PRODUCTS
  - SOAP
  - TOOTHBRUSHES
  - DEODORANT
  - CLOTHES:
    - BATHING SUITS
    - RUNNING SHOES
    - SLIPPERS
    - GOGGLES
    - BACKPACK
    - CAPS
    - FORMAL WEAR

## RECREATIONAL

- SPORTS
  - ROLLER SKATES
  - VOLLEYBALL
  - BASKETBALL
- MEDIA/TECH
  - VIDEO GAMES



# 

# The Door's Wishlist

## **EDUCATIONAL**

- HOMEWORK:
  - NOTEBOOK
  - PENS
  - PENCILS

THE DOOR ALSO ACCEPTS MONEY DONATIONS. INFORMATION ON HOW TO DONATE MONEY CAN BE FOUND ON OUR WEBSITE AT WWW.THEDOORYOUTHCENTRE.COM

THANK YOU TO ALL SUPPORTERS WHO HAVE DONATED TO THE





# THANK YOU!!!



# THE DOOR NEWS

QUARTERLY NEWS TO KEEP UP WITH

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## APKII





## GOODBYES & HELLOS

ON THE FIRST DAY OF APRIL, WE HAD TO SADLY SAY GOODBYE TO OUR PLACEMENT STUDENTS, VALENTINA AND TEMI. WE HAD A SMALL SEND-OFF PARTY FOR THEM WITH A CAKE MADE BY MALIK (YUM). WE ARE VERY LUCKY TO HAVE THEM WITH US. LATER THAT MONTH, WE ALSO HAD TO SAY GOODBYE TO MELISSA OUR PIANO TEACHER. ALTHOUGH HER TIME WITH US WAS SHORT, HER CONTRIBUTION WAS GREATLY APPRECIATED. WE WISH MELISSA, TEMI, AND VAL ALL THE BEST IN THEIR ENDEAVORS.

DESPITE APRIL STARTING OFF ON A SOUR NOTE, WE ARE PROUD TO INTRODUCE TWO NEW STAFF MEMBERS TO OUR TEAM. NADIRA KULANE IS OUR NEW YOUTH SUPERVISOR, WHO IS GRATEFUL TO BE WITH US. KAITLYN IS OUR NEW MUSIC TEACHER, WHO IS SKILLED IN PIANO AND GUITAR. SHE IS ALSO GOOD WITH MATH AND IS WILLING TO HELP THE YOUTH WITH THEIR MATH HOMEWORK. LIKE NADIRA, KAITLYN IS EXCITED TO BE A VOLUNTEER AT THE DOOR.











APRIL AT THE DOOR BROUGHT TWO
WORKSHOPS THROUGH ZOOM WITH
STREETSMART ON DRUGS AND POSSESSION
AND AN INFORMATION SESSION ON DENTAL
HYGIENE WITH STUDENTS OF ALGONQUIN
COLLEGE

THE FIRST WEEK OF THE MONTH STARTED OFF WITH AN INFORMATION SESSION COVERING THE BASICS AND IMPORTANCE OF DENTAL HYGIENE AND NUTRITION. THROUGH ZOOM, YOUTH ATTEND THE PRESENTATION AND ACTIVELY ENGAGED IN SCENARIOS SET UP BY THE COLLEGE STUDENTS. THE YOUTH FOUND THE PRESENTATION INFORMATIONAL, INTERACTIVE, AND FUN.

THE FOLLOWING DAY, TORONTO
STREETSMART HELD A ZOOM, DISCUSSING
DRUGS AND DRUG POSSESSION AS WELL AS
THE LEGAL PUNISHMENTS IF FOUND WITH
DRUGS UNDERAGED. THE PRESENTERS
PROVIDED YOUTH WITH SCENARIOS TO TEST
THEIR KNOWLEDGE OF THE LAW. LIKE THE
DENTAL HYGIENE WORKSHOP, THE YOUTH
FOUND THIS PRESENTATION INTERESTING
BUT LENGTHY AND WITH TOO MUCH LEGAL
JARGON.

EASTER WAS IN APRIL THIS YEAR AND, TO CELEBRATE, THE STAFF AND VOLUNTEERS HOSTED AN EASTER EGG HUNT. EGGS WERE HIDDEN ALL OVER THE CENTER AND THE



YOUTH THOROUGHLY ENJOYED SEARCHING
FOR A TREAT. SOME WERE ABLE TO FIND
SOME OF THEM EASILY, BUT OTHERS HAD
TROUBLE FINDING THE EGGS. BY THE END OF
THE NIGHT, THERE WERE A COUPLE OF EGGS
LEFT THAT NEEDED TO BE FOUND. SO, THE
STAFF KEPT THEM AROUND SO THAT THE
YOUTH CAN CONTINUE SEARCHING
THROUGHOUT THE FOLLOWING WEEK





### LIGHTS, CAMERA ACTION!

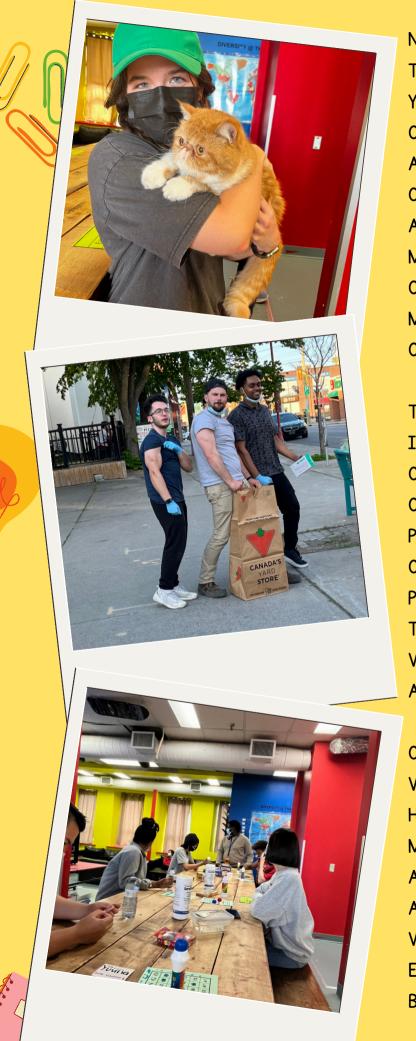
THE MONTH OF MAY WAS FILLED WITH FUN ACTIVITIES AND INFORMATIONAL WORKSHOPS, STARTING WITH A SPECIAL EID DINNER TO CELEBRATE THE END OF RAMADAN. MALIK, OUR EXECUTIVE DIRECTOR, COOKED A DELICIOUS MEAL FOR YOUTH AND STAFF, WITH MANY SALIVATING FOR MORE.

ON NO TECH TUESDAY, OUR WELL-BEHAVED YOUTH MEMBERS HAD THE OPPORTUNITY TO ENJOY SPORTS OUTSIDE OR PLAY CARD GAMES, PING-PONG, AS WELL AS OTHER ACTIVITIES WITHIN THE CENTER. THE STAFF HOSTED A JEOPARDY NIGHT. IT HELPED BREAK THE ICE BETWEEN BOTH THE NEW AND OLD MEMBERS. THEY PLAYED FOR A WHILE AND RECEIVED THEIR PRIZES AFTER FINISHING

THE DOOR WAS LUCKY TO COLLABORATE WITH LISGAR FILM CREW AND TO SHOOT OUR PROMOTION VIDEO. THE FILM CREW COMPROMISED OF HIGH SCHOOL STUDENTS AND TEACHERS FROM LISGAR COLLEGIATE INSTITUTE.

THE STUDENT CREW CAME IN WITH THEIR CAMERAS AND EQUIPMENT TO FILM THE DOOR'S SUPERSTARS AND THEIR TALENTS. SOME OF THE YOUTHS AND STAFF MEMBERS WERE EVEN INTERVIEWED FOR THIS VIDEO, SHARING THEIR LOVE FOR THE DOOR. THE YOUTH AND STAFF LOVE THE ATTENTION OF THE LIGHTS AND CAMERAS. THE FINAL PIECE IS ALREADY UPLOADED ON OUR YOUTUBE CHANNEL





NEAR THE END OF MAY, THE DOOR WAS HONORED TO BE VISITED BY A FURRY FRIEND. ON CAT DAY, YOUTH PLAYED AND PETTED GUEST CAT MR. RICE CAKE. AT FIRST, MR RICE CAKE WAS VERY SHY AND HID UNDER THE TABLE AND CHAIRS. BUT OVERTIME, HE WAS ABLE TO GET COMFORTABLE AND MAKE SOME NEW FRIENDS. ALL YOUTH MEMBERS LOVED MR RICE CAKE AND MR RICE CAKE LOVE ALL OF THEM AS WELL. IN THE END, MR RICE CAKE TOOK A NICE CATNAP ON OUR COUCHES TO WRAP UP A PURRRRFECT DAY.

THIS MONTH, THE YOUTHS ALSO PARTICIPATED IN TWO DIFFERENT WORKSHOPS PROVIDED BY OUR STAFF MEMBERS. ONE WORKSHOP FOCUSED ON ANGER MANAGEMENT, WHICH WAS PRESENTED BY OUR YOUTH WORKER, ELIJAH, AND OUR CO-OP STUDENT, LILITH. THE PRESENTATION CONSISTED OF WHAT ANGER IS, THE DIFFERENT TYPES OF ANGER, AS WELL AS WHAT COPING MECHANISMS ARE HELPFUL WHEN A PERSON IS ANGRY.

ON THE LAST DAY OF THE MONTH, ONE
WORKSHOP FOCUSED ON TOBACCO USE, IN
HONOUR OF WORLD NO TOBACCO DAY. YOUTH
MEMBERS WATCHED TWO EDUCATIONAL VIDEOS
ABOUT WHY TEENS ARE ADDICTED TO TOBACCO,
AS WELL AS ITS CONSEQUENCES. A DISCUSSION
WAS HELD AFTERWARD AND MOST YOUTH WERE
ENGAGED. OVERALL, MOST MEMBERS FOUND
BOTH WORKSHOPS VERY HELPFUL



# ANNUAL GENERAL MEETING 2022 TIME FOR BUSINESS



DESPITE THE UNFORESEEN DEVASTING
WEATHER AND BLACKOUT, ON MAY 24TH, THE
DOOR HOSTED A SUCCESSFUL ANNUAL GENERAL
MEETING IN PERSON FOR THE FIRST TIME
SINCE THE PANDEMIC. THOSE IN ATTENDANCE
INCLUDE CATHERINE MCKENNEY, VERA
THEOKRITOFF, CATHERINE VANDELINDE, AND
JONATHAN HULL TO NAME A FEW.

STAFF, VOLUNTEERS, AND YOUTH MEMBERS WORKED VERY HARD CLEANING AND SETTING UP THE CENTER THE WEEK PRIOR FOR OUR ESTEEMED GUESTS. A LOT OF WORK ALSO OCCURRED BEHIND THE SCENE WITH THE CREATION OF POWERPOINT AND THE PRESENTATIONS OF THE DELICIOUS MEALS.

WITH NOW PRESIDENT, RICK DESCLOUDS,
HOSTING, THIS YEAR'S AGM COVERED THE
DOOR'S REVENUES AND EXPENSES FROM THE
LAST YEAR AND PROGRAM HIGHLIGHTS. THE
AGM ALSO PUT A SPOTLIGHT ON OUR AMAZING
AND DEDICATED VOLUNTEERS AND BOARD
MEMBERS WITH AWARDS AND REWARDED TWO
YOUTH MEMBERS GRADUATING HIGH SCHOOL
WITH SCHOLARSHIPS

OUR EXECUTIVE DIRECTOR WAS ALSO
AWARDED FLOWERS AND AN APPRECIATION
CARD SIGNED BY STAFF AND YOUTH MEMBERS,
WHICH TOOK HIM BY SURPRISE. HOWEVER,
UNFORTUNATELY, THIS YEAR'S AGM WAS THE
LAST FOR DEBBIE BARTON AS SHE RETIRES HER
POSITION AS PRESIDENT. WE CHERISH
DEBBIE'S CONTRIBUTION TO THE DOOR. SHE
WAS ALSO PRESENTED WITH FLOWERS AND A
BEAUTIFUL SEND-OFF FROM STAFF AND BOARD
MEMBERS.

THIS YEAR'S SUCCESSFUL AGM CONCLUDED WITH A NICE DINNER PREPARED BY OUR TALENTED, NAJWA, AND MALIK WITH HELP FROM YOUTH MEMBERS AND VOLUNTEERS.
THOSE IN ATTENDANCE ENJOYED THE DELICIOUS MEAL PREPARED WHILE CHATTING AMONG THEMSELVES.

THE AGM WOULD NOT HAVE BEEN POSSIBLE IF
IT WERE NOT FOR OUR VOLUNTEERS, STAFF,
AND YOUTH MEMBERS FOR CLEANING,
PREPARING, AND COOKING FOR THIS MEETING.
A BIG THANK YOU GOES OUT TO THEM FOR
THEIR HARD WORK.THE ANNUAL REPORT OF
2021 IS NOW AVAILABLE ON OUR WEBSITE
WITH INFORMATION FROM THIS YEAR'S AGM.





## NEW FLOOR, WHO'S THIS

BACK IN MAY, ALUMNI OF THE DOOR MICHAEL
DINH FROM THE SWIFT CONSTRUCTION
COMPANY CAME IN TO PROPOSE RENOVATING
OUR FLOORS. AFTER DEEP CONSIDERATION, WE
WERE VERY WELCOMING OF THE IDEA AND WE
WERE EXCITED ABOUT THE RESULTS. STAFF,
VOLUNTEERS, AND YOUTH WORKED HARD TO
PREPARE THE CENTER FOR THE CONSTRUCTION
TEAM, MOVING FURNITURE AS WELL AS
PACKING AWAY ITEMS.

THE DOOR WAS CLOSED FOR ABOUT A WEEK STARTING FROM JUNE 4 AS THE CONSTRUCTION TEAM WORKED TIRELESSLY TO REMOVE THE OLD FLOOR AND INSTALL OUR NEW FLOOR TILES. ON MONDAY, JUNE 13, STAFF, VOLUNTEERS AND YOUTH WERE SURPRISED TO BE WELCOMED BY OUR NEW FLOOR TILES. THE RESULTS WILL SHOCK YOU. A BIG HUGE THANKS TO THE SWIFT CONSTRUCTION TEAM FOR THEIR FLOOR-TASTIC RENOVATION OF OUR





## SCHOOL'S [ALMOST] OUT!

JUNE WAS FILLED WITH DIFFERENT FUN ACTIVITIES FOR THE YOUTH TO FND OF THE SCHOOL YEAR, EARLY THIS MONTH, THE DOOR MADE THE DECISIONS TO RELAX OUR MASK MANDATES, WITH YOUTH DECIDING IF THEY WANT TO WEAR A MASK OR NOT.

ON JUNE 2ND, YOUTH AND STAFF WENT ON OUR FIRST FIELD TRIP OF THIS YEAR TO THE CANADIAN WAR MUSEUM, WHERE THEY SPENT TWO HOURS LEARNING ABOUT CANADIAN MILITARY HISTORY AND VIEWING TONS OF DIFFERENT ARTIFACTS, ARTWORKS, AND AUDIO/VISUAL RECORDINGS. THEY RETURNED WITH DELICIOUS MEALS FROM SEASONS PIZZA, BOTH YOUTH AND STAFF HAD A FUN AND EDUCATIONAL DAY AT THE MUSEUM.

JUNE'S MAIN PROGRAM CONSISTED OF YOUTH STORYTELLING, A 4-WEEK WORKSHOP IN PARTNERSHIP WITH THE OTTAWA STORYTELLERS. YOUTH LEARNED THE COMPONENTS OF STORIES AND INTRODUCED THE ART OF ORAL STORYTELLING THROUGH PARTICIPATORY WORKSHOPS, THE WORKSHOPS ENCOURAGED YOUTH TO DEVELOP WITH 61 YOUTH IN ATTENDANCE. THEIR VOICE AND INCREASE THEIR CONFIDENCE WHEN INTERACTING WITH OTHERS.



SO FAR, YOUTH ARE HAVING A GREAT TIME PARTICIPATING IN THE DIFFERENT ACTIVITIES AND DEVELOPING NEW SKILLS. THE WORKSHOP IS PLANNED TO END IN EARLY JULY.

JUNE 17TH MARKED THE TOGETHER OTTAWA ENSEMBLE FUN FRIDAY BARBECUE IN PARTNERSHIP WITH PARKDALE FOOD CENTER AND SOMERSET WEST COMMUNITY HEALTH CENTER AND COMPASSIONATE OTTAWA. THIS EVENT BROUGHT IN A LARGE ATTENDANCE OF YOUTH FROM ALL THREE ORGANIZATIONS.

DESPITE THE WET WEATHER, YOUTH
ENJOYED THE EVENT, SOME EVEN MADE NEW
FRIENDS AND WERE IMPRESSED BY THE
DOOR'S CENTER. THERE WERE FOOD, GAMES,
AND ART AND CRAFT ACTIVITIES FOR ALL
OF THEM TO ENJOY.

OTHER HIGHLIGHTS FROM THIS MONTH
INCLUDE HENNA NIGHT WITH MADEEHA WHO
DID A FANATIC JOB GIVING STAFF AND
VOLUNTEERS HAND HENNA, AS WELL AS
LEARNING HOW TO SKATEBOARD AND
ROLLERBLADE WITH PLACEMENT STUDENT
ELLIE AND ADULT VOLUNTEER RILEIGH EVERY
MONDAY IN JUNE.

TO END OFF THE MONTH, THE YOUTH PARTICIPATED IN SCIENCE EXPERIMENTS, MAKING LAVA LAMPS AND EXTRACTING DNA FROM STRAWBERRIES. WE ALSO HAD A SMALL CANADA DAY CELEBRATION WITH WATERMELONS. AS SCHOOL COMES TO A CLOSE, WE WANT TO WISH YOUTH A HAPPY AND SAFE SUMMER VACATION.



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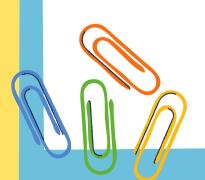
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## SOCIAL

- HYGIENIC PRODUCTS
  - SOAP
  - TOOTHBRUSHES
  - DEODORANT
  - CLOTHES:
    - BATHING SUITS
    - RUNNING SHOES
    - SLIPPERS
    - GOGGLES
    - BACKPACK
    - CAPS

## RECREATIONAL

- SPORTS
  - ROLLER SKATES
  - VOLLEYBALL
  - BASKETBALL
- MEDIA/TECH
  - VIDEO GAMES(WII, Ps3, Ps4, Ps5)



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- HOMEWORK:
  - NOTEBOOK
  - PENS
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THANK YOU TO ALL SUPPORTERS WHO HAVE DONATED TO THE





# THANK YOU FOR READING





JULY 2022

# FUN IN THE SUN

July started off quiet and calm. Staff and volunteers encouraged youth to disconnect from the computers, their phones, and the internet through No Tech Tuesdays. Youth instead enjoyed fun games, workshops and sports both inside and out!!! On sports day, some youth enjoyed the beautiful weather while playing basketball, badminton and volleyball while others played inside ping-pong or with the punching bag.







# AUGUST 2022

### WATER FUN!!!

Our first Fun Friday of the month, staff and youth had a water balloon and dodgeball fight. No one was "safe" nor dry from the water.

After a winner was righteously proclaimed, the winning team got little trophies, candy and, most importantly, bragging rights.



A handful of youth enjoyed a mini field trip to Plant Bath Recreation Centre on August 2nd. The Door was grateful to have pool time reserved for us.

Youth had a great time in the water.

Thank you to Plante Bath Recreation

Centre for giving us the space for some water fun.



# YOUTH WEEK!

The second week of August was dedicated to the youth packed with fun and engaging activities. Staff held a workshop asking 'what does youth mean to you?' and other questions relating to their experience. Staff were supportive and listened attentively to their answers. The following day, a handful of youth and staff went on a mini field trip to Cine Starz Movie Theatres thanks to the support of the Ottawa Community Foundation. They treated themselves to the new Jurassic World: Dominion, a drink and popcorn. The week ended off with an educational obstacle course with each stage testing their math and science skills. Despite the competitiveness of the game, youth most importantly had a fun time.



On August 19, youth and staff had to say a tearful goodbye to our placement student, Ellie, who joined our team temporarily back in May. The staff loved working with Ellie and the youth enjoyed engaging with her too. We wish Ellie all the best in her future endeavours.



The Door was honoured to have Coach Manock Laul and Coach Bhanu from Prezdential Hoops run a 4-week basketball program with the youths every Wednesday starting from August 24 and ending on September 14th. Coach Manock equipped the youth with life skills such as communication, good sportsmanship, teamwork and problem solving. Youth displayed their competitiveness during the mini tournaments and an eagerness to challenge themselves through the drills and games.

The Door appreciates the time and effort that went through this program from Prezdential Hoops. Without a doubt, the youth have not only learned new basketball skills, but as well as life lessons. We appreciate Coach Manock Laul and Coach Bhanu from Prezdental Hoops for running this program and instilling the youth with new capabilities.





### **BACK TO SCHOOL**

Class is back in session! With school starting up again, youth were seen doing their homework or engaging with each other. Thanks to a special donation from Justin, our board member, our new and highly-anticipated Playstation 5 was purchased the first week of September. Youth were very excited to play with the new video game console once they heard the news. Many of them have promised to finish their homework before using it.

The following week, The Door invited Sarah Robinson for a Back-to-School Art Therapy for an informational session on stress. During this info-session, youth learned about anxiety, coping mechanism against panic attacks and did an activity, where they drew what made them anxious. We are indebted to Sarah Robinson



## WELCOME ABOARD!



#### • THE DOOR TEAM •

The Door is honoured to have three placement students on our team, all of whom are in the process of completing their post-secondary education from Carleton University and Algonquin College. The students hold skills in photography, videography, baking, sports, boxing and art. They are excited to engage and share what they know with the youths.



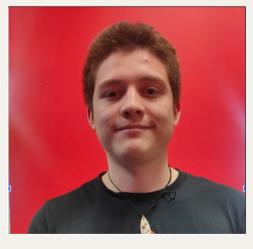


**BETHANY** 



**TEDDY** 





**ENRIQUE** 



On the last week of September, The Door hosted its first Girl's Night since 2019! Sponsored by the Telus Friendly Future Foundation, the program was implemented in order to provide a safe space for The Door's girl members to have some much needed bonding time and education. Twelve girls joined for the first Girl's night festivities. To kick off the night, girls made their own mocktails. They loved getting the chance to make their own creative drinks while getting to know other girls at the centre



Afterwards, a presentation about the stereotypes and barriers that girls face was given to entice the girls into having an open discussion about their experiences. Towards the end of the night, the girls had free reign and got to do whatever they wanted. Most wanted to sing karaoke while others played games on the PC.

There was a lot of feedback on what they would like to do for Girl's Night in the future. Many expressed that they would love to have a nail and spa night, a girl's trip to the mall, and a 'girls who game' night. Girl's Night will continue monthly until September 2023. Thank you to the girls for contributing to a fun and progressive night!



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ALL DONATIONS RECEIVED HELP BENEFIT THE YOUTH IN THE
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## SOCIAL

- HYGIENIC PRODUCTS
  - LIQUID SOAP/BODY WASH
  - TOOTHPASTE
  - DEODORANT
  - CLOTHES:
    - RUNNING SHOES
    - MITTENS/GLOVES
    - BOOTS
    - HATS
    - SCARVES
    - JACKETS

## RECREATIONAL

- SPORTS
  - ROLLER SKATES
  - VOLLEYBALL
  - BASKETBALL
- MEDIA/TECH
  - VIDEO GAMES(WII, Ps3, Ps4, Ps5)



# 

# The Door's Wishlist

## **EDUCATIONAL**

- HOMEWORK:
  - NOTEBOOKS
  - PENS
  - PENCILS
  - BACKPACKS
  - CALCULATORS

THE DOOR ALSO ACCEPTS MONEY DONATIONS. INFORMATION ON HOW TO DONATE MONEY CAN BE FOUND ON OUR WEBSITE AT WWW.THEDOORYOUTHCENTRE.COM
THANK YOU TO ALL SUPPORTERS WHO HAVE DONATED TO THE DOOR!



# THANK YOU FOR READING



YOUTH CENTRE JEUNESSE







# THE ANNUAL SAUNDERS FARM FIELD TRIP!

This year the Saunders farm trip was a huge success! 18 youth joined 4 staff to the farm on October 28th for a night of spooky fun. Groups had the opportunity to explore all the attractions including the haunted mazes and spooky hay ride. Many youth put on a brave face and showed higher fear tolerance than the staff. To end the night youth and staff enjoyed some birthday cake on the bus to celebrate the October birthdays. The perfect end to a spooky night! Thank you Ottawa Community Foundation for funding this memorable Saunders Farm trip!















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## The Door's Wishlist

The Door always accepts donations from our supporters.

All donations received help benefit the youth in the centre.

Currently, there is a need for the following items:

#### SOCIAL

### RECREATIONAL

- Hygienic Products
  - Liquid Soap/ Body Wash
  - Toothpaste
  - Deodorant
- Clothes:
  - Running shoes
  - Mittens/Gloves
  - · Boots
  - Hats
  - Scarves
  - Jackets

- Sports
  - · Rollers
    - Skates
  - Volleyball
  - Basketball
- Media/Tech
  - Video

Games

(WII, Ps3,

Ps4, Ps5)

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## The Door's Wishlist

## EDUCATIONAL

- Homework:
  - Notebook
  - Pens
  - o Pencils
  - Backpacks
  - Calculators

The Door also accepts money donations. Information on how to donate money can be found on our website at www.thedooryouthcentre.com. Thank you to all of our supporters who have donated to The Door