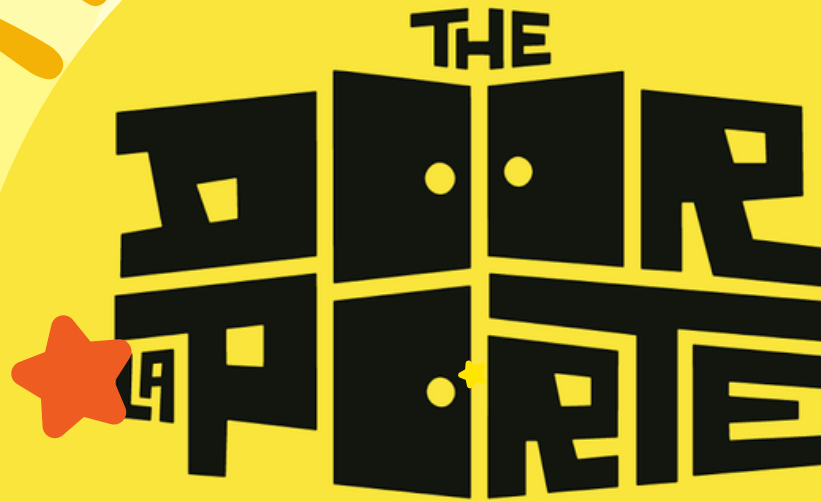


The Door News



YOUTH CENTRE JEUNESSE

January - March 2023

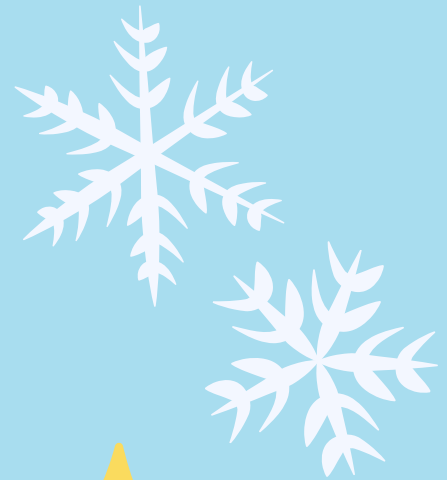
STAY IN THE LOOP WITH QUARTERLY NEWS
FROM THE DOOR

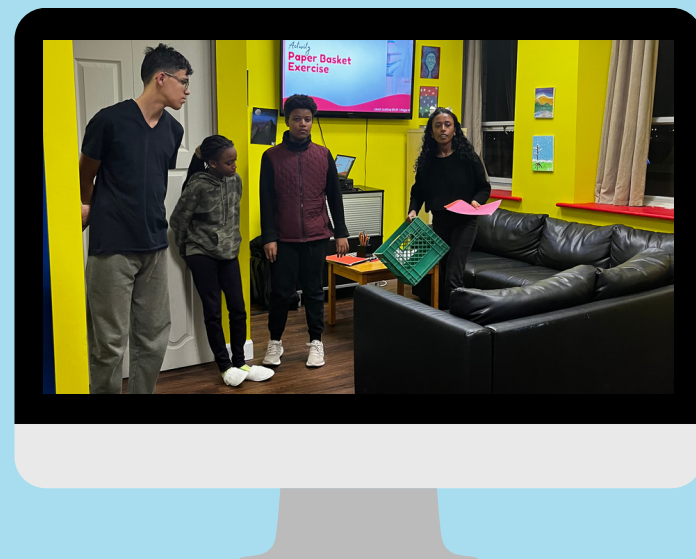


JANUARY 2023

Happy New Year, and Welcome Back
to The Door!

This month we eased back into the centre with many fun-filled activities like, exam prep, UNO tournaments, introduction to coding, and BINGO nights! In January we also introduced a six-week program, the Black Youth Justice Program. This program ran for several weeks, educating members on current issues in Black Youth Justice. Overall, it was terrific having the youth back in the centre





FEBRUARY

2023

LOVE IS IN THE AIR AT THE DOOR!

In the beginning of the month, staff and youth worked together to decorate the center to celebrate the Chinese New Year. In mid February, in honor of Valentine's Day, youth and staff had a **LIT** time making candles. The youth were very creative and used different techniques, scents, patterns, and designs for their personal candles. For career day, we welcomed a special guest Shingai, a system developer from RBC. He shared his knowledge about his role in the Bank of Canada and focused on skills, education, wages, and potential career opportunities in the system-developing field.





CELEBRATING BLACK HISTORY MONTH



HAPPY BLACK HISTORY MONTH!



This month brought in activities and programs dedicated to Black History Month. Our placement student Teddy hosted a black table talk where youths discussed different Black historical figures, events, and new facts about black culture. Youth worked together to create a black history collage, honoring notable black legends, artists, athletes, and creatives. We ended the month with an Afro-Caribbean Potluck where youth were treated to food and desserts from Haiti, Jamaica, and Somalia.



LIGHTS CAMERA Action

The Door premiered a short film "**A Day at The Door**" on February 6th. Directed by Teddy, youth members became screenwriters, producers, and actors in the creation of the film. Members and staff worked tirelessly for months to create this film, which paid off. The short film was a Box Office Hit with rave reviews from our youth audience! Rumor has it that sequel is in the making.



**Click Here
to Watch
the video**



MARCH

2023



With the center decorated for St. Patrick's Day, youth spent time doing homework, playing games, and socializing. The Door secured funding from the CPO Shine Youth Arts Microgrant 2023 to design a diversity mural under the supervision of local mural artist, Jordan Danger. This month, our amazing mural team was formed, which comprised our youth members and Jordon. Together, they started researching, planning, and designing The Door's mural. We are super excited to see the final product!



GOALS GOALS GOALS



This month we tackled the topic of goal setting. With the guidance of placement student Bethany from Carleton University, the youth spent 3 weeks learning about short, mid, and long-term goals. On top of this, the youth were engaged in making vision boards to bring their goals to life. The program ended with an insightful discussion about how each youth can achieve their goals in school and in their personal desires in the future.



Hall of Fame

Will



We would like to introduce Will, one of our adult volunteers who is skilled in math, science, and boxing. When he is not volunteering at The Door, Will is working full-time registered nurse at the Ottawa Hospital in Occupational Health and Wellness. Will recently joined The Door staff team and loves the inclusiveness, diverse and welcoming environment. At The Door, he is seen engaging and helping youth with their homework. In late March, he gave an amazing career day info-session on Nursing to our members. FUN FACT!: Will grew up on a strawberry farm in Northern Ontario and loves to travel



The Door's Wishlist

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All donations received help benefit the youth in the centre.

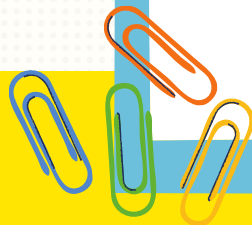
Currently, there is a need for the following items:

SOCIAL

- Hygienic Products
 - Liquid Soap/ Body Wash
 - Toothpaste
 - Deodorant
- Clothes:
 - Running shoes
 - Rain boots
 - Hats/Caps
 - Rain Jackets
 - Summer/Spring Colthes

RECREATIONAL

- Sports
 - Rollers Skates
 - Volleyball
 - Basketball
- Media/Tech
 - Video Games (WII, Ps3, Ps4, Ps5)



The Door's Wishlist

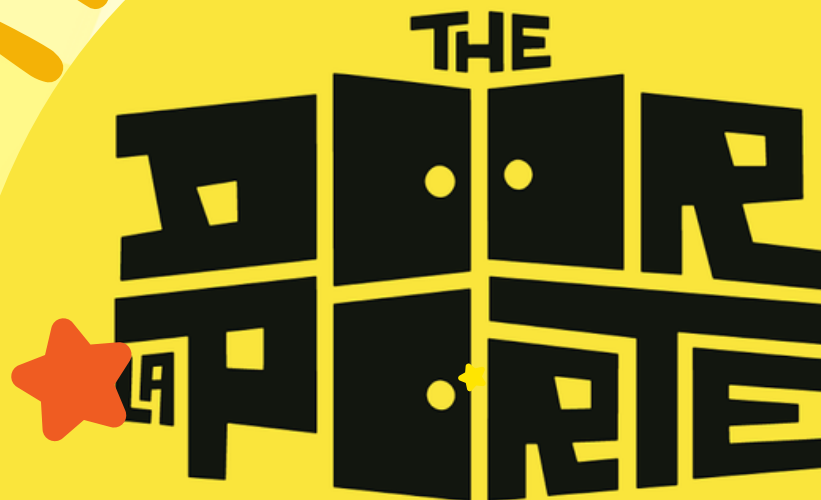
EDUCATIONAL

- Homework:
 - Notebook
 - Pens
 - Pencils
 - Backpacks
 - Calculators

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The Door News



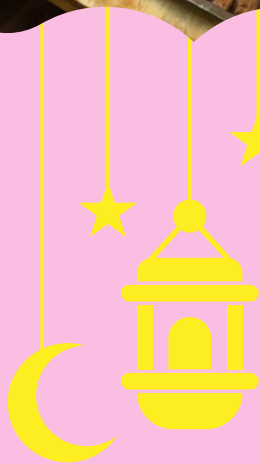
YOUTH CENTRE JEUNESSE

April - June 2023

STAY IN THE LOOP WITH QUARTERLY NEWS
FROM THE DOOR



April 2023



Spring has officially sprung with two different celebrations at The Door. With help from our McPhail volunteers, the Easter Bunny snuck its way to the centre to hide Easter eggs filled with candy for our youths to find. In the latter half of the month, Youth celebrated Eid al-Fitr with a special big dinner. This month also included a bittersweet moment as we bid farewell to our placement students, Teddy, Harrison, and Bethany, who have made significant contributions to our centre during their time with us. The Door wishes them all the best.



The Door was lucky enough to have a variety of educational workshops for our members. Our Career Day workshop brought in Steph, a social service worker, who shared his pathway to becoming involved in the field. Gleeda, our volunteer, led an Info Session on Happiness and Self-contentment filled with organized activities and discussions. At the end of the month, Joe the volunteer hosted Tech Tips Session and shared different tips to help improve our experiences with technology. Youth are highly engaged with each session, asking insightful questions and sharing thought-provoking information. A big thanks go to our volunteers and Steph for hosting these workshops.



May 2023

See you Later, Alligator!

With the sun and the snow completely melted, youth spent more time outside, hanging out, playing sports, and enjoying the sun. On one sunny May 15, youth, staff, and board members bid a "see you later" to our program coordinator Susan with a barbecue. Everyone treated themselves to burgers, fries, and juice as well as a traditional Indian dance number. Susan has been working at The Door for almost three years making a great contribution to centre. Her presence will be missed as she welcomes a child. We wish Susan nothing but the utmost best!





MURAL

UNVEILING



After many tireless months of planning and painting, our mural is finally completed! An unveiling ceremony was held for our NEW Diversity Mural on May 3rd to award youth members and muralist, Jordon Danger for their contribution. The event was attended by several notable guests, including City Councillor, Ariel Foster, Mr. Ahmad Iqman from Crime Prevention Ottawa, and our Chair of the Board Mr. Rick Descloud. This mural and event would have not been possible if it was not for the generous funding from CPO Shine Youth Arts Microgrant 2023.



BEFORE



AFTER





Let's Get Down to Business



On May 30th, The Door held its Annual General Meeting with board members, staff, sponsors, and city councillor, Ariel Foster in attendance. Hosted by Vice-Chair, Ashley McMullan and Executive Director, Malik Ayass, this AGM highlighted the success accomplished in the year 2022, which included our Girls Nights Only, Photography Course and many partnerships to name a few. We also acknowledged a few individuals and community groups including Chrome Divas with Pillar Of The Community Award, and many other youth and volunteers for their dedication to our centre. We also presented one of our youth members with our annual scholarship award. For more details, please visit our website for the full report. The successful evening concluded with a dinner prepared by Najwa our Kitchen Supervisor and was enjoyed by all. A big shoutout goes to our volunteers, staff and youth members for their support during this event.

AGM 2023





June

SCHOOL'S [ALMOST} OUT!!!

With the school year almost coming to a close and exams on the horizon, The Door ensured educational support was provided but also brought in fun activities to ease the stress. Every Monday this month, we were lucky to have Jeff from the Ottawa School of Arts helping our youth members become artists by teaching different art styles such as watercolor painting and photo transferring. We are also honored to be bringing back our "Better with Basketball" Program with Coach Manock Laul. This year, the program is running for 6 weeks, ending in late July.





Welcome Aboard



The Door is pleased to welcome Gleeda as our NEW Youth Supervisor! Gleeda started off as our volunteer and then moved her way up to supervisor. She brings a wealthy amount of experiences working with children and teens, which she enjoyed doing. As a volunteer, Gleeda loved our programs and the planning that goes into them. On numerous occasions, she had led some of them such as our talking circle on happiness. Now, as youth supervisor, she has happy with the control she has over our programs.

FUN FACT: On her free time, Gleeda enjoys to cook and explore different cuisines.



Gleeda



The Door's Wishlist

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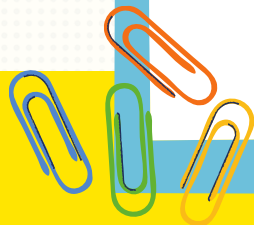
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SOCIAL

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 - Deodorant
 - Sunscreen
- Clothes:
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 - Rain boots
 - Hats/Caps
 - Rain Jackets
 - Summer/Spring Colthes

RECREATIONAL

- Sports
 - Rollers Skates
 - Volleyball
 - Basketball
- Media/Tech
 - Video Games (WII, Ps3, Ps4, Ps5)



The Door's Wishlist

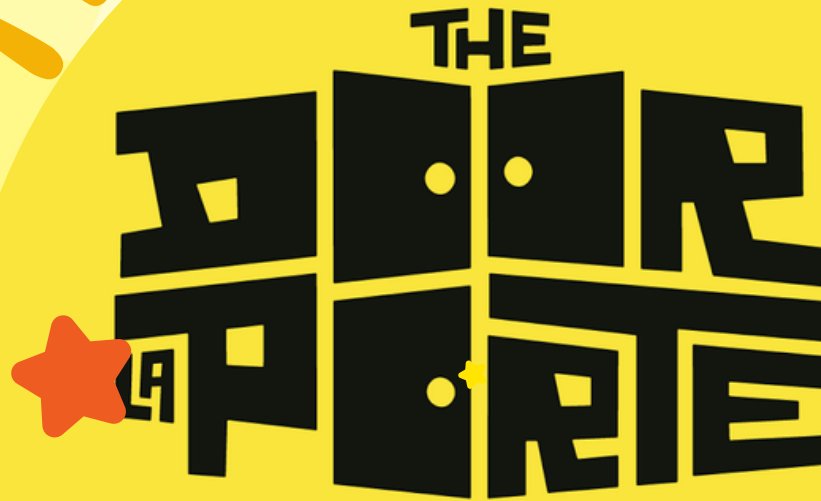
EDUCATIONAL

- Homework:
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 - Pencils
 - Backpacks
 - Calculators

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The Door News



YOUTH CENTRE JEUNESSE

JULY - SEPTEMBER 2023

STAY IN THE LOOP WITH QUARTERLY NEWS
FROM THE DOOR



July 2023



July started with A Bang!

Through the support of City of Ottawa Civic Events Funding, on June 30th, Canada's Day Eve, The Door hosted an incredible Family BBQ in honour of our nation's Birthday. With the support of more than 10 volunteers from The Door and RBC Bank, the Event was a grand success with over 150 people in attendance. The BBQ had delicious foods, games, a henna station, an art station, a popcorn corner and amazing music. Families got to spend time together and the children had fun interacting and competing with each other for prizes including a Starbucks Gift Card, an Amazon Gift Card, two Basketballs, a Volleyball, a Football, a Frisbee, a hoodie and a Scooter!



We had the absolute pleasure of having our feature volunteer, Deanna, every second week in July. Not only was she able to provide us with dance lessons and even a routine for all the youth and staff to partake in, Deanna was able to develop interest from members that may have never taken part in a dance before. And we can't forget the lovely yoga stretches Deanna led for the youth at the beginning and end of every session. Thank you Deanna for teaching us your moves and keeping us active!



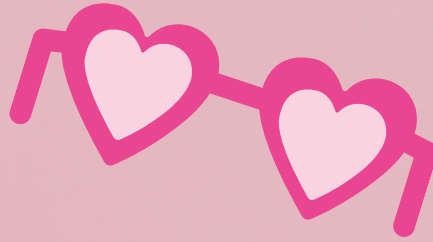
JAZZ DANCE



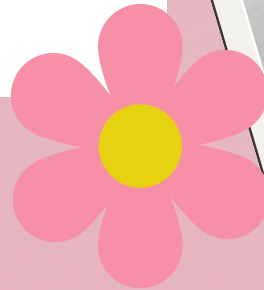
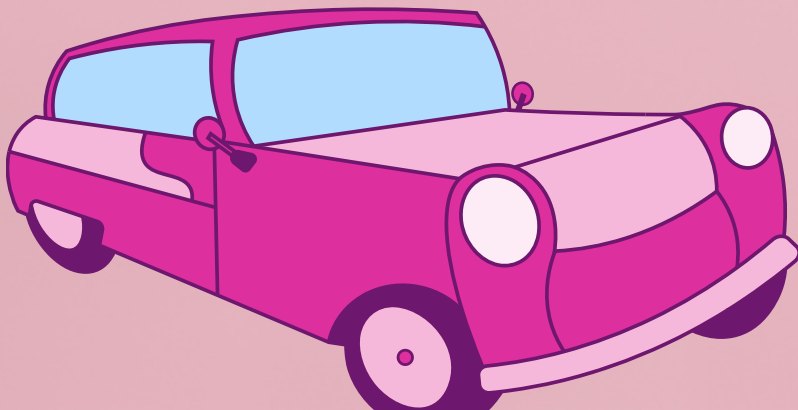
HI BARBIE



In honour of Girl's Night in July, each girl from the centre was lucky enough to receive popcorn and a drink while watching the new 'Barbie' movie. The staff and volunteers could feel the joy from the girls as they expressed even more excitement and gratitude after the movie concluded by singing, laughing and dancing to the music that played as the credits were rolling!



There were statements made from the youth such as "That was radical!" and "I HAVE to watch it AGAIN!" It can easily be said that the female empowerment vibes were flowing strong as the girls made their way back to the centre for dinner. Big thanks to the Telus Foundation for helping this magical afternoon happen for our staff and girls!



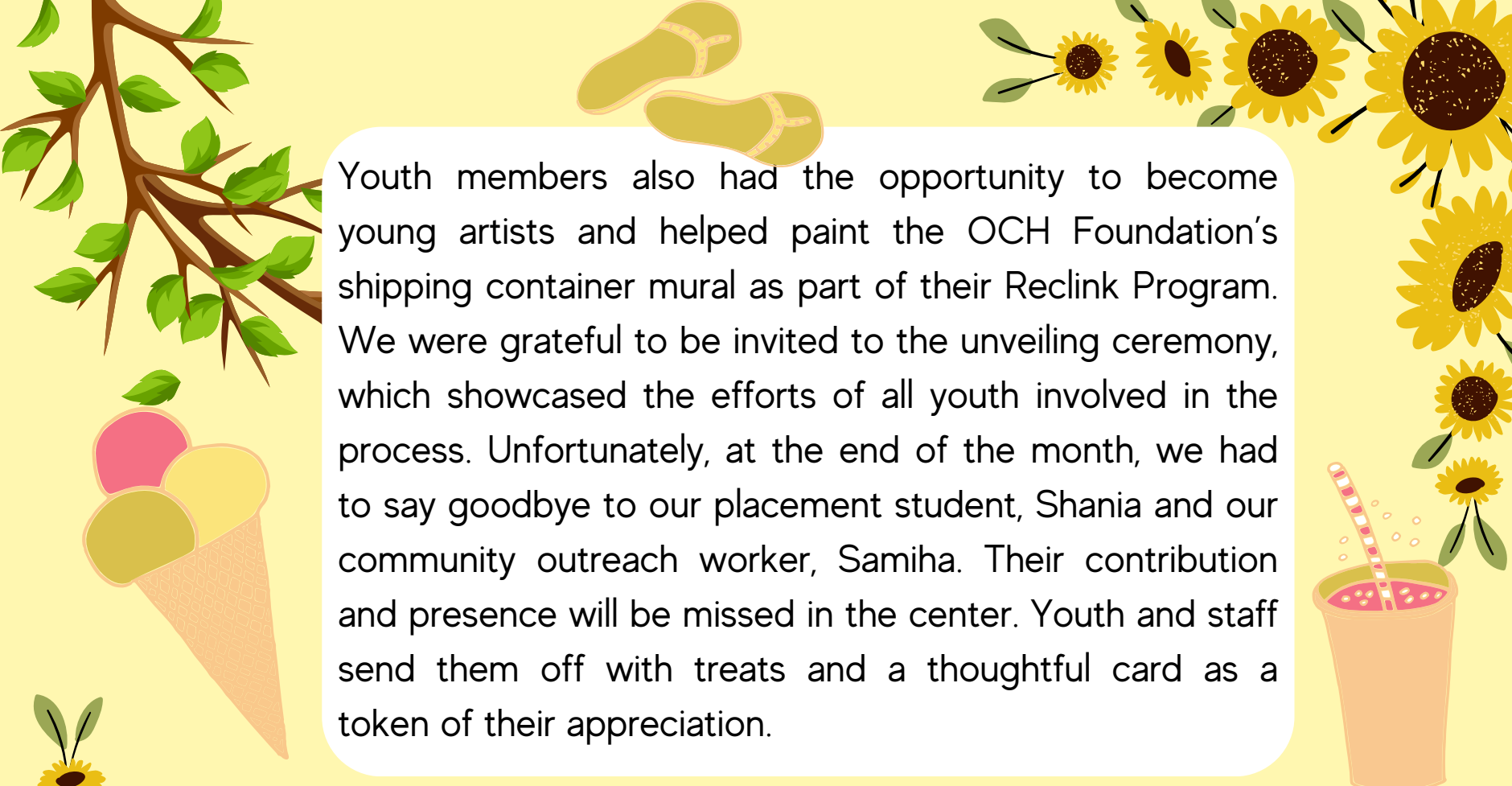
August

2023

With summer almost coming to an end, our program helped ensure that it finished on a good note. The Door hosted a thrilling Scavenger hunt, lively rounds of Charades, spirited Staff versus Youth games, and an insightful Talking Circle discussing the upcoming school year.

For career day, Coach Joe from De La Costa Academy was invited to discuss the art of Jiu Jitsu and talked about what his gym had to offer to our youth members. Members were immersed in the workshop especially after learning that the coach had a few connections with fighters in the UFC industry.





Youth members also had the opportunity to become young artists and helped paint the OCH Foundation's shipping container mural as part of their Reclink Program. We were grateful to be invited to the unveiling ceremony, which showcased the efforts of all youth involved in the process. Unfortunately, at the end of the month, we had to say goodbye to our placement student, Shania and our community outreach worker, Samiha. Their contribution and presence will be missed in the center. Youth and staff send them off with treats and a thoughtful card as a token of their appreciation.



BETTER WITH BASKETBALL

For the second year in a row, Coach Manock Laul and Coach Bhanu from Prezidential Hoops came to the center to run the 'Better with Basketball' program for six weeks. Similar to last year, the coaches equipped youths with life skills, but also included a strong focus on developing their basketball skills. Even on the hottest days of the summer, the heat did not stop our youths from learning and enjoying the program! They displayed both competitiveness and passion for the sport through the drills and tournaments and for their dedication, youth earned themselves certificates signed by the coaches. Youth members and staff team admires the work that went into the program from the Prezidential Hoops team and are looking forward to working with them again! A big Thank you to OSEG Foundation for providing the funds for this amazing program





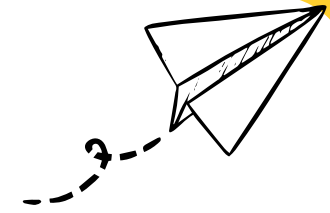
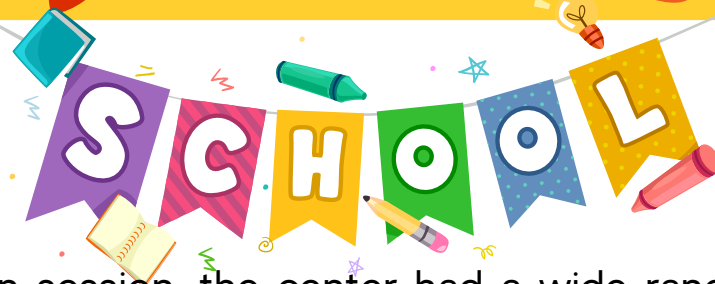
BETTER WITH BASKETBALL





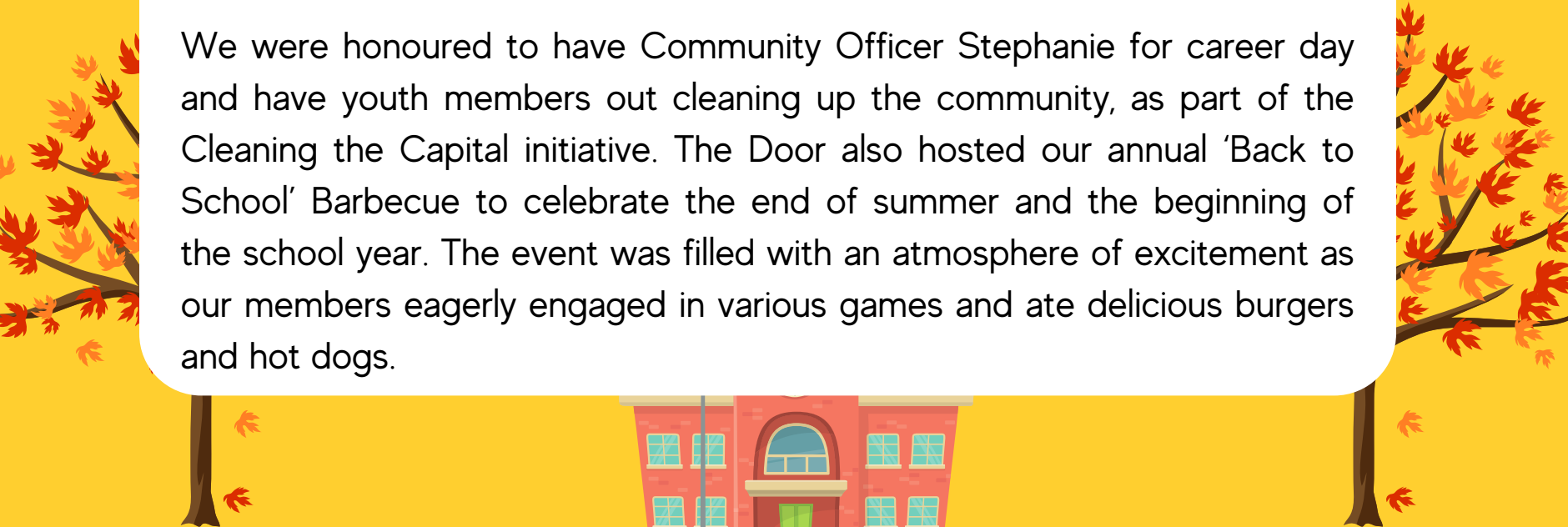
September

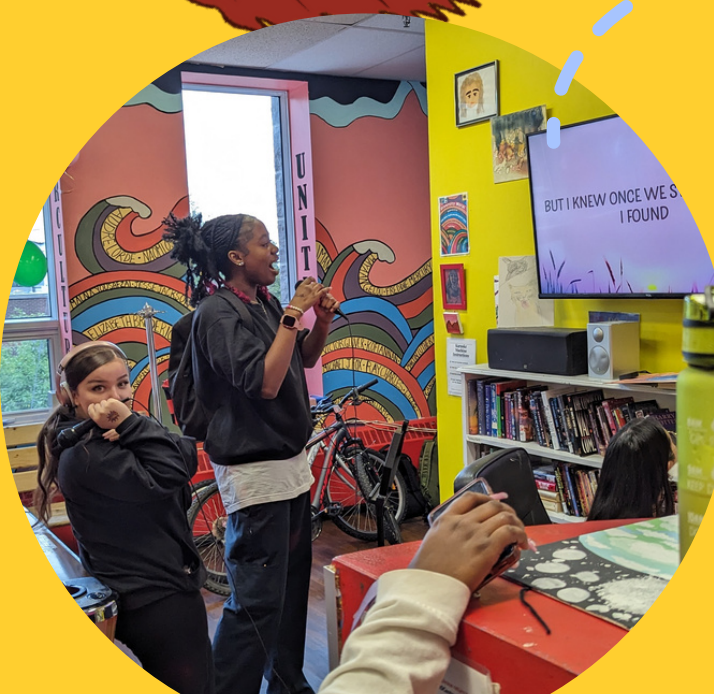
2023



With school back in session, the center had a wide range of activities to promote personal growth, create a sense of community, and provide valuable opportunities for both fun and learning.

We were honoured to have Community Officer Stephanie for career day and have youth members out cleaning up the community, as part of the Cleaning the Capital initiative. The Door also hosted our annual 'Back to School' Barbecue to celebrate the end of summer and the beginning of the school year. The event was filled with an atmosphere of excitement as our members eagerly engaged in various games and ate delicious burgers and hot dogs.





Hall of Fame

Davy

We would like to introduce Davy, who is a youth member at The Door since the Spring of 2022. He is known for his generosity and modesty. He actively participates in the programs and our initiatives including the Diversity Mural, International Dinner 2022, and our Basketball Program. At this year's AGM, Davy won our Art Stinson Achievement Award for his contribution in the centre. His interests and hobbies include basketball and soccer. Thanks to his height and the skills he had learned through our Prezidential Basketball program, he has been able to improve his skills. Davy LOVES coming to The Door for all the new skills he has learned and the friends he has made in the centre. In the future, Davy plans on becoming a psychologist.

FUN FACT: Davy can speak three languages: English, French and Kinyarwanda



THE BOOK'S

Fall wishlist

EDUCATIONAL

- Homework:
 - Notebook
 - Pens
 - Pencils
 - Calculators

RECREATIONAL

- Media/Tech
 - Video Games (WII, Ps3, Ps4, Ps5)
 - Ps4, Ps5 controllers
 - Phone Chargers
- Pool (Billard) Sticks

SOCIAL

- Hygienic Products
 - Liquid Soap/ Body Wash
 - Toothpaste/ Toothbrushes
 - Deodorant
- Clothes:
 - Snow boots
 - Mittens
 - Hats/Caps
 - Gloves
 - Boots
 - Scarves

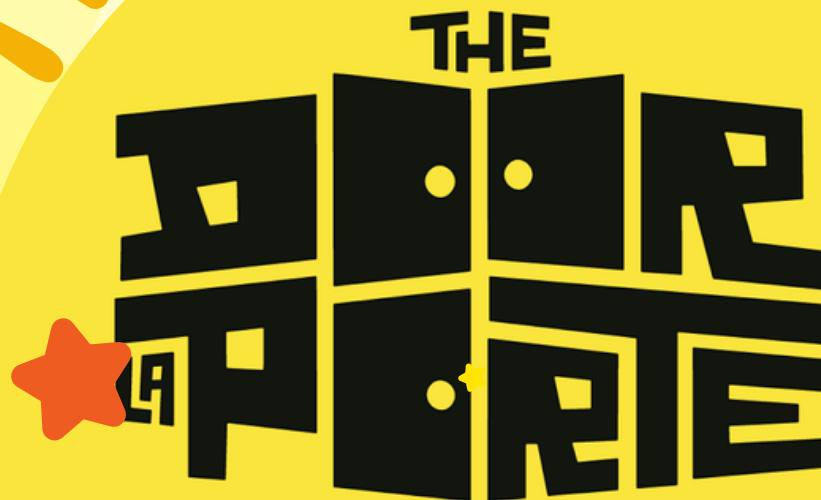
Thank You

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Thank you to all of our supporters who have donated to The Door!



The Door News



YOUTH CENTRE JEUNESSE

October - December 2023

STAY IN THE LOOP WITH QUARTERLY NEWS
FROM THE DOOR



October

With fall and the excitement of Halloween in the air, youth and staff decorated the centre in preparation of the season. During the month, there was a variety of workshops and activities such as a workshop on AI presented by our very own board member Luc Lalande. On Halloween night, both staff and youth wore their spookiest costume in celebration of Halloween



The Door also celebrated 8 years with our incredible volunteer Joe! He has been a part of The Door family since 2015, helping out with technology at the centre. He's also participated in countless events and is a great role model for the youth. Thank you Joe for your contributions all these years! We couldn't have done it without you.



Young Chef

The Door was very excited to announce the beginning of the Young Chef's Program; a brand-new cooking initiative hosted every Friday by Najwa, our talented kitchen supervisor. This program challenges youth to experiment with new spices, flavours, and techniques, all while learning beginner-friendly recipes they can replicate at home. Some delicious recipes we saw this month include Halloween cupcakes, stuffed apples, and creamy carrot soup. Thank you to our sponsor the City of Ottawa for making this happen!



Saunders's Farm

ANNUAL HALLOWEEN FIELD TRIP

With Halloween around the corner, staff and youth went on our annual Saunders's farm field trip for their FrightFest event. Everyone was screaming in horror at their terrifying attractions. Despite the frights, youth enjoyed themselves at the farm with some spending their first time ever at the farm. A Big SCARY Thanks goes to the Ottawa Community Foundation for funding this SPOOKY, but memorable Saunders Farm trip!





November



November was a world of fun. With the funds from the Ottawa Community Foundation, this month our youth and staff went on an adventure to the Rideau-Rockcliffe Community Resource Centre. The youth had the amazing opportunity to tour the center and learn about its mission and service to the Ottawa community. The night ended with a quick stop at our neighborhood pizza shop Season's Pizza for a yummy bite to eat.



Men's Mental Health



MOVEMBER



November is Movember! This month the centre held it's annual boys night where they highlighted the physical and mental health struggles men face. The young men engaged in a stimulating conversation on sexual health, depression, and whether it is ok for men to cry (Our youth can agree, It sure is!).

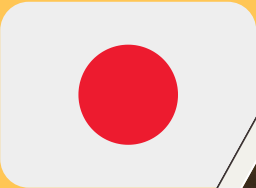


The youth gathered around the table and got down to business! With an informative presentation led by staff about the meaning behind Movember, together the youth raised awareness for men's health by launching into an exploration on how men can be aware of their mental and physical health by asking the real tough questions.

12TH ANNUAL INTERNATIONAL DINNER


This month, the centre held its 12th annual International Dinner! With the support of Ottawa's local businesses and our team of sponsors, The Door put together a fantastic fundraiser. This event was a hit with delicious foods from around the world, Christmas carols sung by our youth, fun prizes from raffles, and an excellent selection of auction packages. This year's dinner was certainly one to remember. A special thank you to all of our donors, staff, and volunteers whose dedication has made this tremendous event possible!









December



The holidays are HERE and The Door is bringing CHEER! Youth and staff decorated center and participated in different activities to get into the holiday spirit. The center was decorated in time for the McPhail's Special Holiday Dinner, where youth and staff were treated with a delicious meal prepared by the McPhail church group.



Youth devoured the turkey, mashed potatoes, stuffings, vegetables and some sweet treats for desert. Santa Clause came to town early for the youth at The Door. Before leaving for holiday break, every youth received a present from Santa.





THE POOR'S Winter wishlist

EDUCATIONAL

- Homework:
 - Notebook
 - Pens
 - Pencils
 - Calculators

RECREATIONAL

- Media/Tech
 - Video Games (WII, Ps3, Ps4, Ps5)
 - Ps4, Ps5 controllers
 - Phone Chargers
- Pool (Billard) Sticks

SOCIAL

- Hygienic Products
 - Liquid Soap/ Body Wash
 - Toothpaste/ Toothbrushes
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