

# Happy 30th Anniversary to The Door Youth Centre!









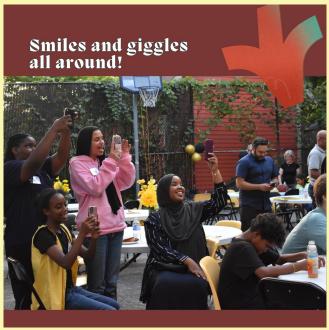


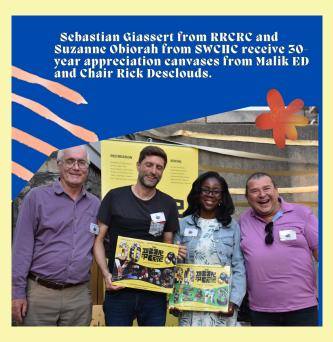
To celebrate, we held a barbeque dinner open to specific key members of The Door's community who have played important roles in the center throughout the past 30 years. A lot of work went into setting up for this event, and we would like to thank all of the staff, adult & youth volunteers, and placement students who participated. It was great to see everyone participating in the activities set up around the event, such as bean bag toss, mini golf, and the map activity. Dinner was a great success as well and included hamburgers, salad, and corn. After dinner, a few key individuals made speeches about their personal histories at The Door and how the Centre is such an important part of this community. There was also a time to recognize and appreciate the efforts of specific members of The Door's community. A beautiful piñata was brought out towards the end of the event and the youth had a great time destroying it! Overall the event was a great success and a wonderful time for the community and members of The Door. Thank you again to everyone who helped out and attended!





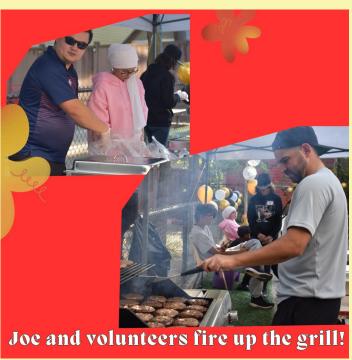












### Super September at The Door Youth Centre!





### Club Nourish, learning about food with Foods

The Club Nourish program, in partnership with Just Foods, provided a rich and engaging experience for 9 enthusiastic youths over three sessions.

The journey began with an informative session in the ping pong room, followed by outdoor activities where participants explored the fundamentals of soil, seeds, and germination. They eagerly watered their seeds, looking forward to seeing them sprout by Monday.

In the second session, the group delved deeper into the anatomy of



seeds, Canada's seed imports, and the critical role of seed preservation in maintaining ecological balance. The youth were thrilled to take home a variety of seeds, allowing them to continue their learning beyond the program.

In the final meeting, the youth reflected on how food nourishes not just the body, but also the mind and spirit. They shared personal food memories and discussed the cultural significance of these experiences. A highlight of the session was enjoying a delicious salad made from the herbs they had grown, celebrating their hard work and fostering a sense of accomplishment.

Overall, Club Nourish created a positive and inclusive environment, enhancing the youth's understanding of food systems while cultivating meaningful connections to nature and their cultural heritage.



### Goodbye Elijah!

Late in September, we held a heartfelt celebration for Elijah on his last day at The Door. The event featured a special dinner, cupcakes, games, and karaoke, with youth actively engaging in the fun. Elijah's adaptability and influential presence made a significant impact on the centre.

Joining us in August 2021 as a placement student, he quickly won the hearts of the youth with his outgoing personality and encouragement. He played a key role in fostering a lively and supportive environment, especially during karaoke and recreational activities.







Known for his humor and reliability, Elijah also contributed to producing our newsletters and outreach efforts that welcomed new youth into the center. He will be deeply missed, and we wish him all the best in his future endeavors!





## September Girl's Night - Perler Beads Fun!

During this Girl's Night, the girls enjoyed working on arts and crafts with perler beads. They created colorful designs and then melted the beads together using an iron, with Julia's helpful supervision. The atmosphere was fun, with snacks, drinks, and music playing in the background. Some girls even sang together while crafting.

Everyone seemed to really enjoy the activity. Julia did a fantastic job of explaining the process and engaging the girls, encouraging some of them to try using the iron themselves, which they loved. By the end of the night, each girl had completed at least one design, showcasing their creativity and helping one another along the way.



#### **Our New Fall Placement Students**

This month, we will welcome several dedicated placement students: Sophie, Emilie, and Taylor from Carleton University, Hayley from Algonquin College, and Eva from the University of Ottawa. Their enthusiasm and support are expected to make a significant impact on many areas of the center.

Over the next 3 to 6 months, they will be actively involved in workshops and information sessions focused on youth empowerment, mentorship, and community engagement. Their diverse skill sets will contribute to the development of engaging

content that enhances our programs and outreach efforts.

They have already shown their commitment and hard work by assisting with the September 13th Door 30th Anniversary celebration, helping to ensure the event was a success. Through their collaboration, they will help create a supportive environment that fosters personal growth and encourages active participation among youth. We are excited to see the positive influence they will have during their time with us!



#### **Fundraisers and Upcoming Events**



Join the Door Youth Centre Fundraiser!

Walk, Run, and Bike for the Door Ongoing throughout October 2024

Help raise funds for our community's youth by getting active! With each kilometer you travel, you or your team can secure donations and



pledges from friends, family, colleagues, and more.

Win Prizes! A special prize will be awarded to the individual or team with the most donations!

Follow the QR code or email fundraising@thedooryouthcentre.com for more information and to register! Let's make a difference together!







The Door Youth Centre | 755 Somerset St W, 2nd Floor | Ottawa, ON K1R 6R1 CA

<u>Unsubscribe</u> | <u>Constant Contact Data Notice</u>



