



Fall News At The Door

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October Summary

October at The Door Youth Centre was filled with creativity, learning, and fun. The month featured art sessions, No Tech Tuesdays, and engaging events like a study prep quiz and a field trip to Dalhousie Gardens, where youth explored urban farming and composting. A visit to Saunders Farm for spooky activities and a fall-themed scavenger hunt added excitement, while "Fun Fridays" included UNO tournaments and pool competitions. The centre celebrated Invisible Disabilities Week with an educational video and word search and marked Halloween with a decorating session and a special Day of the Dead activity. Noor was named Youth of the Month for her leadership and kindness. Other highlights included a Girl's Night with snacks a Halloween movie, and a dinner celebrating Black Youth Leadership. The centre also welcomed new kitchen cook Rabah, who has quickly gained the youth's approval. Staff and placement students continue to build strong relationships with the youth.

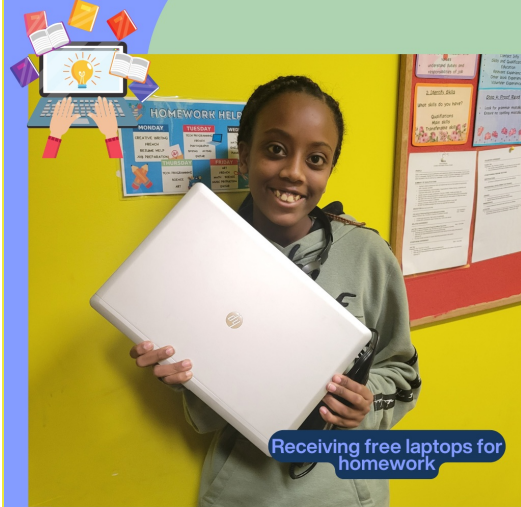
News



Welcome Rabah our New Kitchen Cook

We now have a new kitchen cook, Rabah, who has previous experience cooking for children. In a short time, Rabah has done very well integrating herself in the kitchen and the youth have already expressed their like for her food and flavor.

With extensive experience in meal preparation and kitchen hygiene, Rabah is passionate about providing nutritious meals for youth, including a variety of international and Canadian dishes, with a special focus on traditional Moroccan cuisine. We hope Rabah continues with us for a while.



Free School Laptops for the youth

We're thrilled to announce that our centre has received 8 lightly used laptops, which are now available for students who need them. While we may not be able to provide a laptop to every student, we hope these 8 will be a helpful resource for those who need them to complete assignments, especially when they are unable to come to the centre in person.

Please reach out to us for more details on how to access a laptop if you're in need!

Upcoming events at The Door

Nov
27

13th Annual International Dinner
Event starts from 6 to 8 PM

Dec
20

Happy Holidays
The Door Youth Centre closes at 5:30 PM

Jan
6

Happy New Year!
The Door Youth Centre is back open for the new year

What's happening this November



THE DOOR NOVEMBER CALENDAR

MONDAY

- Life Skills Activity Workshop
- Info Session
- 4 Home Economics #1 with Emma
- 11 Remembrance Day Poppy making with Susan
- 18 Home Economics #2 with Bolaji
- 25 Home Economics #3 with Alejandra

TUESDAY

- 5 Bring Out Your Creativity 3D Printing with Yeti LetsStopAids info session
- 12 Bring Out Your Creativity National Pizza Day with Seasons Pizza
- 19 Bring Out Your Creativity 3D Printing with Yeti
- 26 Bring Out Your Creativity 3D Printing with Yeti

WEDNESDAY

- 6 Music with Armaan Youth initiative fundraiser
- 13 Music with Armaan World Kindness Day Activity Career Day with Teacher and President of the Board Rick
- 20 Music with Armaan National Children's Day activity
- 27 Closed for International Dinner

THURSDAY

- 7 Transgender Awareness Week activity Swimming at Plant Bath
- 14 Sexual health workshop with SHOUT McPhail Special Dinner
- 21 National Canadian History Week Friendship Bracelets activity with Sophie and Taylor
- 28 Girl's Night Make-up flip phones with Arafat

FRIDAY

- 1 Closed
- 8 Multicultural Youth Cooks: Baking with Hayley Indigenous Veterans Day activity
- 15 Multicultural Youth Cooks: Baking with Taylor
- 22 Multicultural Youth Cooks: Hot chocolate with Emilie
- 29 Multicultural Youth Cooks: Birthday Celebration Youth of the Month Pizza Night



THE DOOR YOUTH CENTRE PRESENTS

The 13th Annual International Dinner Fundraiser

Join The Door for our largest annual fundraiser at our centre. It will be a chance to enjoy international flavors, socialize, and participate in a silent auction.

To purchase tickets email info@thedooryouthcentre.com

November 27th 6 PM

755 Somerset
West, 2nd floor

MASSINE'S
FOR YOUR NEIGHBOURS

Hydro Ottawa

Ottawa Insulation

\$50

13th Annual International Dinner

Its back! Back for its 13th year, join The Door for our largest annual fundraiser at our centre. It will be a chance to enjoy international flavors, socialize, and participate in a silent auction. Tickets are \$50 and can be bought through emailing info@thedooryouthcentre.com. Don't delay, tickets sell out quickly!

Empowering Change: The Door Youth Centre's Black Youth Leadership Program

The Door Youth Centre proudly received the Power of Youth grant from the Michaëlle Jean Foundation, which supports projects promoting racial equity and community change. The grant funded the Centre's Black Youth Leadership Program, running from October 2023 to September 2024, empowering young Black Canadians to lead change through activities such as exploring the Halifax Declaration, creating a podcast, a photovoice project, a cookbook on Black culinary traditions, and sewing workshops.

Under the coordination of Nadira Kulane, eight youth participants developed skills in research, photography, audio design, cooking, and community engagement. The program culminated in a graduation celebration at Blue Nile Ethiopian Restaurant, where the youth were recognized for their leadership, cultural contributions, and accomplishments.

The Door Youth Centre is grateful for the Michaëlle Jean Foundation's support and looks forward to continued collaborations to inspire and empower youth in the future.





Halloween Spookiness at Saunders Farm

Our annual field trip to Saunders Farm was an absolute blast! 30 adventurous youths dove into a night filled with thrills, spooky fun, and haunted houses while trying to make it out alive!

From eerie wagon rides to haunted houses and creepy critters, every moment was filled with laughter, screams, and excitement!

A huge thank you to the Ottawa Community Foundation for sponsoring this unforgettable trip! Your support made it possible!



ParticipACTION kept the youth in action!

Thanks to ParticipACTION's Sponsorship, Youth-Led Recreational Programs Were a Success!

From June to September, The Door Youth Centre offered youth-led recreational programs, made possible through the generous support of ParticipACTION. Alumni Young and Emmanuel took the lead, organizing volleyball, soccer, and basketball sessions—Young for 9 weeks and Emmanuel for 8.

This initiative underscored the importance of physical activity for both mental and physical well-being. Rather than simply reacting to inactivity, we're proactively fostering healthier habits within our community, particularly among youth. With a focus on skill development and teamwork, the programs encouraged healthy competition and used sports equipment to enhance the experience. Soccer sessions were held at Cambridge High School, while basketball and volleyball took place on the centre's sports court. These activities brought participants together,

promoting an active lifestyle and teamwork.

We're deeply grateful to ParticipACTION for their support, as well as to everyone who helped make these programs possible. Let's keep moving towards a healthier future!





A Heartfelt Thank You to All Who Supported The Door Youth Centre Ottawa!

A huge thank you to everyone who participated and helped raise funds for The Door Youth Centre Ottawa! Your support is truly invaluable in enabling us to continue developing our programs and providing essential resources to both the centre and our youth members.

Congratulations to the team at Running a Little Latte for being the largest team, and a special shoutout to Myriam for securing the most donations! Your dedication and efforts are making a meaningful impact in our community.

Winter/Fall Wish List

We appreciate your support and generosity

Here is our fall and winter wish list:

- Men/boys winter jackets (S, M, L, and XL)
- Women/Girls winter jackets (S, M, and L)
- Winter Boots for girls and boys (sizes 7-10 and 9-14)
- Gloves and scarfs
- Backpacks

WINTER CLOTHING DONATION



THE ITEM YOU CAN DONATE



CLOVES



BOOTS



SCARF



JACKET

Donate your used clothes that are suitable for the youth.
Thank you!

For more information on how to donate email Susan at programcoordinator@thedooryouthcentre.com



Get In
Touch



The Door Youth Centre | 755 Somerset St W, 2nd Floor | Ottawa, ON K1R 6R1 CA

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