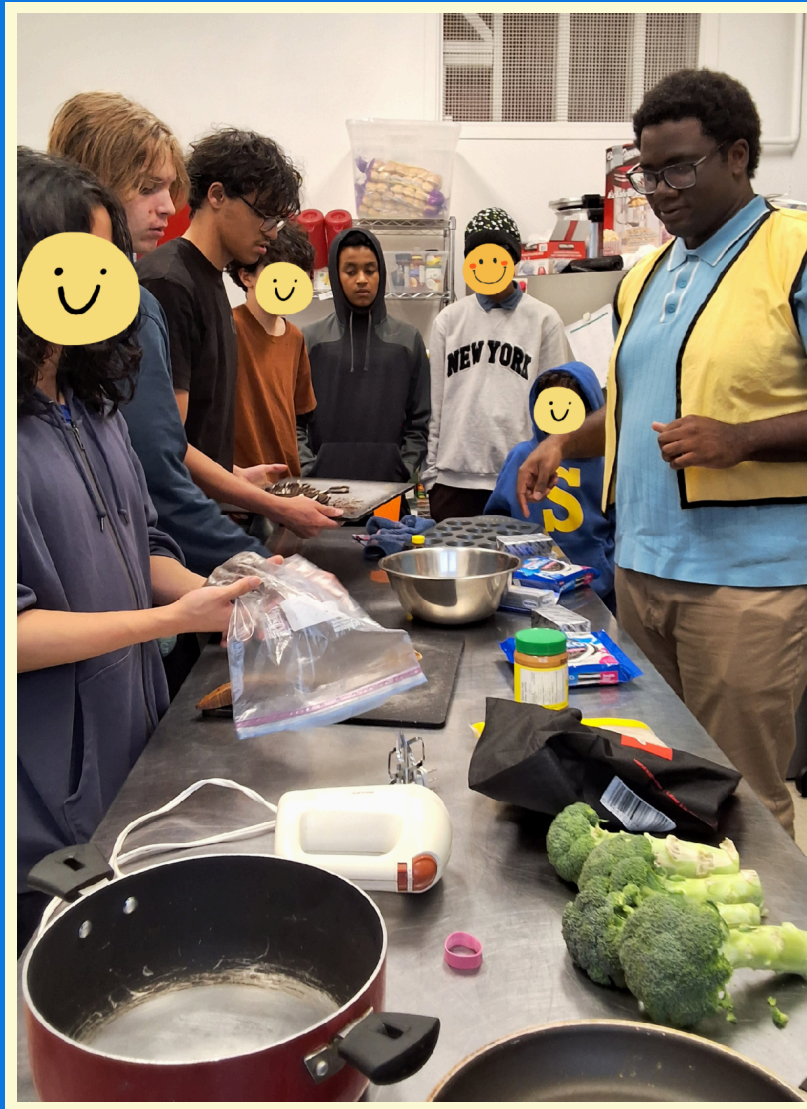


## May Highlights & Success Stories



(Members of the Young Men's Motivational Program learn a fast and delicious meal with volunteer Elijah and Vincent)

# Monthly Newsletter -May 2026

## Updates from The Door

May was an exciting and impactful month at The Door Youth Centre! With more new members joining our community, the energy was high all month long. Programming celebrated several important awareness months, including Mental Health Awareness Month and National Bike Month, with workshops, discussions, and presentations that sparked meaningful conversations among youth.

Highlights included a Career Day with Kelly's Funeral Home, Girls' Day featuring a Matcha & Tea Tasting experience, and Young Men's Motivational Tuesdays focused on leadership and personal growth and cooking skills. Creative programs like 3D Printing, Art with Joanne, and clay figurine projects kept imaginations running, while Karaoke Nights, VR Gaming, Martial Arts, and swimming at Plant Bath kept everyone active and social.

Youth also gave back to the community through Cleaning the Capital with the City of Ottawa, and the month wrapped up with our 2026 Annual General Meeting, where youth proudly showcased programs, and volunteers, partners, and scholarship recipients were celebrated.

As always, monthly Pizza Night (thanks Domino's!) and Birthday Celebrations (thanks Massine's Independent Grocer!) brought the community together to connect and celebrate.

A fantastic month all around, we're so proud of our youth and grateful for everyone who makes The Door possible!

---

## June Monthly Calendar

---



## Annual General Meeting 2026

On May 26, 2026, The Door Youth Centre brought together youth, staff, volunteers, board members, and community supporters for its 2026 Annual General Meeting, an evening full of celebration, reflection, and well-deserved recognition.

The night opened with a welcome and land acknowledgement from Board Chair Rick Desclouds, before turning the spotlight over to youth, who took centre stage sharing reflections on programs that shaped their year. Kylee, Soliana, Mohanad, Sylvie, Sendike, and Mohammed each spoke passionately about programs including recreation and competitive games, Girls Night, 3D Printing, the Thyme Travels Gardening Program, the Multicultural Young Chefs Program, and Young Men's Motivational Mondays. Their voices were a powerful reminder of why this work matters.

The evening also welcomed Ottawa City Councillor Ariel Troster, a longtime friend and supporter of The Door, who shared remarks with the crowd. A highlight of the night was the awards ceremony:

- 🏆 Pillar of the Community Award — Stolen Goods Cocktail Bar
- 🎓 \$1,000 Scholarships — Mohammed, Mel, Christina & Sean
- ★ Art Stinson Achievement Award — Gabriel
- 🙌 Volunteer Appreciation Award — Elijah Dorval

Congratulations to all honorees, your dedication to The Door community doesn't go unnoticed. Here's to another incredible year ahead!



[Click here to read more about our 2026 Annual General Meeting](#)

## Career Day: Funeral Director with Kelly's Funeral Home

On Monday, May 11, 2026, youth at The Door Youth Centre had the opportunity to explore careers in the funeral services industry during a special Career Day presentation led by Kelly Funeral Homes, a longtime supporter of the centre.

The session provided youth with a behind-the-scenes look at the profession, highlighting the important role funeral service professionals play in supporting individuals and families during times of loss. Participants learned about the educational pathways and training required to enter the field, as well as the variety of career opportunities available within the industry.

The presentation also explored different types of burials, funeral traditions, and the evolving needs of families and communities. Youth were engaged throughout the discussion, asking thoughtful questions about training requirements, daily responsibilities, and what it takes to build a successful career in funeral services.

The workshop offered valuable insight into a unique and often overlooked profession, helping youth broaden their understanding of career possibilities while learning about an essential service that supports individuals and families during some of life's most challenging moments.



---

## Keeping Youth Rolling: Bike Tuning with Dillon

Throughout the month of May, youth at The Door Youth Centre had the opportunity to participate in weekly Bike Tuning Sessions with volunteer Dillon every Thursday.

These hands-on sessions gave youth the chance to learn basic bicycle maintenance skills, including tire inflation, brake adjustments, chain care, and general safety checks. Youth were encouraged to bring their own bikes, ask questions, and gain practical knowledge that will help them keep their bikes in good working condition throughout the cycling season.

The program was especially meaningful for youth who recently received bicycles through The Door's partnership with Revalie Ottawa, helping ensure they have the skills and confidence needed to maintain their bikes independently. Many youth stayed to observe repairs, learn new techniques, and gain a better understanding of how their bicycles work. In addition to leading the bike tuning sessions, Dillon is a dedicated volunteer who regularly assists with handyman projects and repairs throughout the centre. His contributions help ensure that The Door remains a safe, welcoming, and well-maintained space for youth. Whether fixing equipment, helping with maintenance tasks, or sharing practical skills with young people, Dillon's support has made a positive impact on both the facility and the youth who visit it.

The Door is grateful to Dillon for generously sharing his time, knowledge, and talents each week. His commitment helps keep youth active, builds valuable life skills, and strengthens the welcoming environment that makes The Door such a special place for young people.



---

## Girls Night: Exploring the Art of Matcha with Sydney

On Thursday, May 28, 2026, The Door Youth Centre welcomed 26 girls for a special Girls Night featuring a Matcha and Tea Tasting experience led by volunteer Sydney Gen, a local barista and tea enthusiast.

Sydney introduced participants to the history and culture of matcha while sharing her knowledge of tea preparation, flavour profiles, and the tools used to create specialty tea beverages. The girls had the opportunity to sample a variety of teas, learn about different ingredients, and discover the growing popularity of matcha and tea culture.

The evening provided a fun and welcoming environment where participants could relax, connect with one another, and try something new. Through hands-on learning and conversation, the girls gained insight into the skills and techniques involved in preparing specialty beverages while building confidence, friendships, and new experiences.

Sydney's enthusiasm and expertise helped create a memorable experience that encouraged curiosity, creativity, and cultural exploration. The Door is grateful for her generosity and willingness to volunteer her time, helping make Girls Night another successful and meaningful program for the young women who attended.

A special thank you to an independent donor whose generous support helped make this Girls Night experience possible.



---

Join Us at Minto Park on Sunday June 7, 2026



Join The Door Youth Centre at Ward 14's No Yard Sale on Sunday June 7, from 9:00 AM to 3:00 PM at Minto Park, 315 Elgin Street

Stop by for fresh baked goods, savory treats, BBQ burgers, hotdogs, and household treasures. A special thank you to Massine's Independent Grocer for sponsoring our community BBQ.

Every purchase helps support youth programs and opportunities at The Door Youth Centre!



YOUTH CENTRE JEUNESSE



# YOUR SUPPORT *Changes Lives*

At The Door Youth Centre, we open doors to opportunity, growth, and brighter futures. With **your support**, youth find the tools, confidence, and community they need to thrive.



**LIFE SKILLS & CONFIDENCE**  
Programs that build **strength, respect, and resilience.**



We've been fortunate to receive many of our previous wishlist items over the past few months, but **we still truly need your support.**



Your financial donation makes a **real difference** in the lives of our youth.



Even a small monthly contribution of **\$10-\$20** helps sustain our programs.

**30+**  
YEARS  
OF WORKING  
WITH YOUTH

**BUILDING STRONGER YOUTH.  
STRONGER COMMUNITIES.**

A MONTHLY  
GIFT OF  
**\$100**

provides one youth with **FULL ACCESS TO ALL OF THE DOOR'S PROGRAMS**, including hot meals, workshops, music lessons, life skills training, and a safe space to belong.



**WORKSHOPS & LIFE SKILLS**

Engaging sessions that inspire growth, learning, and future success.



**HOT MEALS**

Nutritious meals that fuel their bodies and help them thrive every day.



**MUSIC LESSONS**

Building confidence, creativity, and self-expression.



**A SAFE SPACE TO BELONG**

A welcoming community where every youth is seen, heard, and valued.



*Together, we can open **more doors** to hope, opportunity, and brighter tomorrows.*

**DONATE TODAY!**

**Your support. Their future.**



## Open the Door to Opportunity: Support Our Youth

We've been fortunate to receive many of our previous wishlist items over the past few months, but we still truly need your support. Your financial donation makes a real difference in the lives of our youth. Even a small monthly contribution of \$10-\$20 helps sustain our programs.

A monthly gift of \$100 provides one youth with full access to all of The Door's programs, including hot meals, workshops, music lessons, life skills training, and a safe space to belong.

[Donate Here](#)



[The Door's Website](#)



755 Somerset St W, Ottawa, ON K1R 6R1  
[\(613\) 237-3667](tel:6132373667)

Someone forwarded you this newsletter?  
We're glad it found its way to you! You can subscribe here to get it straight to your inbox next time.

[Subscribe](#)

The Door Youth Centre | 755 Somerset St W, 2nd Floor | Ottawa, ON K1R 6R1 CA

[Unsubscribe](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!